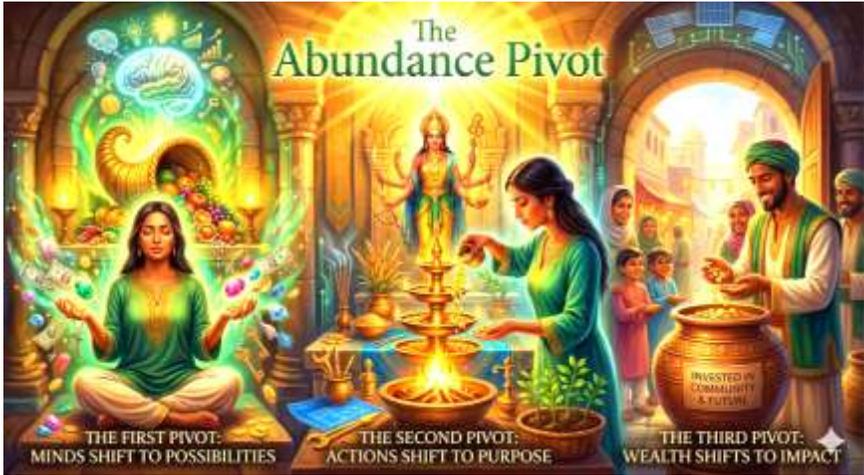


# The Abundance Pivot



*The Prosperity Series*

*Book 1 of 7*

*Removing blocks so you may experience your greatest self*

Scott Rauvers

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**May every reader of these sacred words  
BREAK FREE from the CHAINS that have  
bound them in DARKNESS throughout their  
years, as the BLAZING LIGHT of Truth  
SHATTERS their prison walls! No longer  
slaves but CONQUERORS, seizing their  
RIGHTFUL DESTINY! Let the Divine  
blueprint SURGE through their veins,  
FLOODING their existence with  
UNSTOPPABLE Health, LIMITLESS Wealth,  
CONSUMING Love and the ABSOLUTE  
POWER of Perfect Self-Expression!**

A handwritten signature in black ink, appearing to read "Scott Rauvers". The signature is fluid and cursive, with a large loop at the end of the last name.

**Scott Rauvers - author**



## DEDICATION

*This book is dedicated to Samuel Smiles, whose first book titled **self-help** inspired the lives of millions by bringing to the realization that thoughts create reality.*



## **The 7-part Prosperity, Abundance Wealth Series**

### **1 of 7 – The Abundance Pivot.**

This edition reveals to the reader an in-depth understanding of how to effectively use Infinite Spirit to positively transform negative subconscious habits using Spiritual Principles and how to use this understanding to become better at manifesting in one's day-to-day affairs

### **2 of 7 - Manifestation Mastery. Secrets to experiencing Abundance, Success and Health.**

This edition reveals to the reader the necessary steps for a life of prosperity, with a special emphasis on tips and techniques for the self-employed. It also has an in-depth chapter on how to practice the Emotion Code in order to remove outdated and or erroneous beliefs. Use the valuable information in this book to become better at manifesting in your day-to-day affairs.

### **3 of 7 - Spiritual Prosperity, Consciousness and the Secret Healing Power of Water.**

Besides unlocking the mysteries of using water to manifest, this 3rd edition begins exploring methods to build your self-confidence, then

explores techniques to help eliminate fear. We then move onto methods to help explore what negative beliefs may be holding you back from getting what you want than move into more in-depth material regarding methods, techniques and tools you can use for healing, as well as advanced tools and practices for manifestation, including a special chapter on how to more effectively pray.

The chapters then move onto studies showing the effectiveness of self-hypnosis and how to use water to bring more power to your intentions. Other manifestation techniques in this edition include, the candle manifestation technique, the 3:6:9 technique, productivity tips and much more.

#### **4 - Habitual Effervescence. Creating new Beliefs through Contemplation and Resilience. 4 of 7**

In this fourth edition the reader learns about the collective belief system in greater depth followed by how to work with the process of contemplation and Spirit for rapid manifestation. Then it goes on to explore the history of money, Intuition, EFT, Cymantics and much more.

#### **5 of 7 - Secrets of using your Imagination to reach beyond your Expectations.**

In book 5 explore the process of Creative Visualization, Quantum Wealth, going beyond the Law of Attraction, removing blocks about money, advanced mind power techniques, affirmations, how to choose a mentor, guided meditations For manifesting wealth and strategies for business success.

### **6 of 7 - Secrets that Cultivate an Abundance Mentality for Reaching Beyond Your Potential.**

In book 6 of this series you will learn how to develop and keep the money you've earned over the long term, how to open to the Divine flow for effortless receiving, how to use obstacles as a stepping stone towards success, theta brainwaves, enhancing your self-worth, using biorhythms for success, strategies for alleviating chronic homelessness and mastering resilience.

### **7 of 7 Entrepreneurial Secrets of Creating Prosperity through EFT, Affirmations and Visualization.**

This final text of the series teaches you how to quiet negative inner self-talk, responding to critics, forgiving and blessing, mantras for manifestation, the Emotional Freedom Technique, wealth secrets of the Chinese Zodiac, business success strategies,

understanding how creativity works and how to remember and interpret dreams.

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## PREFACE

Like many of you reading this, I have hit rock bottom a few times in my 56 years, but what pulled me out of that spiral was a rediscovery of the very books and principles I had once skimmed over, but never took really seriously, until writing the Prosperity and Abundance series. Motivational books have had deep roots in the New Thought Movement of the 1880s—when Doctor-Journalist Samuel Smiles shattered publishing records with *Self-Help*, selling over a quarter-million copies by 1904 and even inspiring Sakichi Toyoda to display his own copy in a glass case. Then came the 1938 release of *Prosperity* by Charles and Myrtle Fillmore, founders of the Unity Spiritual Movement—Charles was in his eighties, pouring a lifetime of wisdom into teaching us that “*universal abundance*” is available even in our darkest moments. It wasn’t enough simply to read these books, though. Research shows 80% of people quickly forget seminar doctrines, 17% apply them halfheartedly, and only 3% actually transform their lives. I was determined to be in that 3%. I realized every time a book passed through my hands—or landed in my inbox—I needed to actively engage those pages, not just admire them.

That shift in commitment led me to experiments like the Princeton ping-pong-ball studies, where simply intending balls to fall left or right could sway the results. Subtle thoughts have real-world power. I also learned that while the top 0.0000001% of billionaires tend to share talent and education, exceptions in places like China and Russia prove that mindset can trump formal credentials.

Next, I discovered the importance of my personal learning style. When Steve Jobs made his first million, he said nothing in his life felt different—

because money alone hadn't rewritten his inner software. Finding out whether you learn best by seeing, hearing, moving or writing is like discovering an unlimited wish-granting lamp: information sticks effortlessly once you know how you learn.

Then came the toughest lesson: beliefs are forged before age seven, when our brains run on theta waves, soaking up every experience. By adulthood, our beliefs are so entrenched that many self-help myths seem true—for example, the “*21-day habit*” idea born from Dr. Maxwell Maltz's Psycho-Cybernetics. But later studies show real habit change averages 66 days—and can take up to 254.

*Here's the clear, actionable path I used to turn my life around—and that you can follow too:*

### **1. Inventory Your Beliefs (Days 1–7)**

- Write down recurring negative thoughts—about money, success, or self-worth.
- Trace each belief to its origin story (often before age seven).

### **2. Choose New, Empowering Beliefs (Days 8–14)**

- For every “*I can't*,” craft an “*I can*” statement rooted in evidence.
- Repeat these affirmations aloud, twice daily.

### **3. Engage Your Unique Learning Style (Days 15–30)**

- If you're auditory, record your affirmations and play them on repeat.

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- If you're visual, write them on cards and post them where you'll see them.
- If you're kinesthetic, act them out through movement or journaling.

### 4. Daily Visualization & Alignment (Days 31–66)

- Spend five minutes each morning picturing the life you desire—as vividly as the Ping-Pong researchers focused on their falling balls.
- At night, thank Infinite Spirit for the abundance already on its way.

### 5. Measure, Adjust, and Persist (Days 67+ )

- Track small wins: a new client, a fresh idea, a peace of mind moment.
- If progress stalls, revisit Steps 1–3 for hidden beliefs.

I won't pretend it was easy—there were days my old doubts howled. But by leaning on the wisdom of Smiles and the Fillmores, harnessing research from Princeton and neuropsychology, and committing to at least 66 days of deliberate practice, I transformed scarcity into steady flow. If I could claw my way out of that motel-room despair to a life of genuine abundance, you absolutely can too. The door is open—take these steps, and let the Infinite Spirit guide you through.

**Extreme cynicism is when a person goes from being a skeptic to believing in nothing**

I decided to make a radical 21-day commitment: every time I reached for the remote, I swapped on a YouTube personal development video. Whenever I felt the urge to buy a newspaper, I opened an inspiring blog or a self-growth book. When the radio called for my attention, I plugged into a motivational podcast. By consciously feeding my mind uplifting, empowering content, I began to reprogram my subconscious. Within those three weeks, old patterns of negativity started to dissolve, and I glimpsed the prosperity, abundance, and small everyday miracles that had always surrounded me.

Of course, the road wasn't perfectly smooth. As I uprooted myself to pursue projects I loved—writing, coaching, mentoring—fear and self-doubt crept back in. When that happened, I paused, closed my eyes, and remembered how alive I felt the very first time I dared to pursue my passion. I let that feeling of excitement wash over me until it dispelled the shadows of anxiety. You can do the same: reconnect with your original spark whenever hesitation threatens to pull you back.

To reinforce this transformation, I studied the daily habits of self-made millionaires and billionaires. Thomas C. Corley spent five years researching “*Rich Habits*,” and Rafael Badziag interviewed over two dozen billionaires for *The Billion Dollar Secret*. Here's what I learned—and now integrate into my own life:

- 61% of self-made millionaires visualize their future in vivid detail, then write out those dreams in a two-to four-page document.
- 72% volunteer at least five hours each month, cultivating generosity and perspective.

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- Millionaires gravitate toward four genres of reading: self-help, biographies of achievers, personal development, and history.
- 88% devote thirty minutes or more each day—or at least two books per month—to self-education rather than pure entertainment.
- About half of self-made millionaires rise at least three hours before their workday begins, using the quiet morning hours strategically.
- Sixty-five percent build at least three streams of income—stock investments, rental properties, side businesses—before they ever earn their first million.
- 76% commit to thirty minutes of aerobic exercise daily—jogging, walking, running, or biking—to keep energy and focus high.
- Billionaires like Kim Beom-su, Oprah Winfrey, Lady Gaga, Jack Dorsey, and Beyoncé all carve out morning time for deep thought or meditation, raising their personal standards and clarity.

Here's your clear, actionable path:

1. Commit right now to a 21-day media makeover—TV off, YouTube growth on; newspapers traded for inspiring reads; radio swapped for motivational podcasts.
2. Each morning, spend ten minutes visualizing your ideal life and jot down two to four pages of those dreams.
3. Volunteer at least five hours this month to serve

others and expand your perspective.

4. Read or listen to thirty minutes of self-development content daily.

5. Wake up three hours before work twice a week to plan, reflect, or meditate.

6. Brainstorm at least three potential income streams and take the first small step toward one of them.

7. Exercise aerobically for thirty minutes each day to boost energy and mental clarity.

As a final note, whenever you close your eyes in meditation or deep thought, remember that your theta brainwaves grow stronger—helping you cement these new, empowering habits into your subconscious. If I could claw my way out of that dark place, you absolutely can too. Take these steps today, and watch how your life transforms from the inside out.

**What you focus on is what you get. But it is the TYPE of focus that really counts. If you continuously focus on money, it will elude you. The real secret is to focus instead on your passion or desire and how you can bring value to the world through offering it as a service or product; than the influx of money will exist as a side effect.**

It takes energy for your dreams to manifest. Many successful entrepreneurs harness that energy every morning. They rise. They move. They sweat. Science

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confirms it: your right foot's ascent peaks your body at 13 volts, descent drops to 7 volts, and on carpet with slippers you spike to 47 volts (6a). Energy fuels dreams.

We believe what we confirm. We confirm what we reinforce. We reinforce until our brain cells fire in unison. Beliefs shape opinions. Opinions drive action. Action forms habits. Belief is power.

Billionaire Jon Assaraf created a six-month training program, trained 75 agents, and installed new belief systems. Their sales soared past \$100 million in just half a year. Training transforms.

You are a Divine being. You receive source energy. You become a co-creator with the Universe. You are infinite.

Energy flows seeking perfection through imperfection. You are an extension of the expanding Infinite Mind. The nature of the Universe is perfect harmony. Perfection is your birthright.

We live to co-create with the Universe. We cannot accomplish it in spirit alone. Our Divine connection removes all limits. There are no bounds.

You have unique gifts, talents, and abilities. Only you can master them. Only you can teach them. Concerning spiritual gifts, brethren, I do not want you to be ignorant (1 Corinthians 12:1). Master your gifts.

Crisis sparks the urge within. Urge demands action. Action saves you. Trust yourself. No one can manifest like you. The Universe wants you to master manifestation so it can better experience itself. All hardships are challenges. Challenges become lessons. Lessons spark growth. Grow or decay.

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Sakichi Toyoda: The industrialist who reportedly kept a copy of Samuel Smiles' work in a glass case.

## **Scientific & Research References**

Princeton Ping-Pong Studies: Research involving the use of intention to influence the movement of ping-pong balls.

Dr. Maxwell Maltz: Author of *Psycho-Cybernetics*, who originated the "21-day habit" theory (which the author notes has been updated by later studies to an average of 66 days).

Thomas C. Corley: A researcher who spent five years studying "Rich Habits" among self-made millionaires.

## **The Abundance Pivot**

Rafael Badziag: Author of The Billion Dollar Secret, for which he interviewed over 24 billionaires.

Jon Assaraf: A billionaire who developed a six-month training program to install new belief systems in real estate agents.

**The Lord never prospers any man. Man  
prosper because he acknowledges  
the divine, and lives in  
accordance with its  
higher laws**

## INTRODUCTION

I have to confess: there was a time in the early 2000s when I sat in my empty Los Angeles office, staring at past-due bills and a bank account that read “**zero.**” My technology company had just collapsed under a perfect storm of bad partnerships and market shifts—and with it went my confidence. I felt like an impostor, despite years of hard work, and I wondered if I’d ever recover.

That low point forced me to ask the toughest question of my life: How do you rebuild when you’ve hit rock bottom? The answer came in three steps I followed myself—first, I leaned into every lesson I could find on resilience; then I reconnected with my sense of purpose by helping others as a self-help coach; and finally, I trusted a spark of inspiration that led me to create an essential-oil health product in San Jose. That product took off, and by 2012 I had launched my own energy supplement brand—and even started writing the seven-part Prosperity, Abundance, and Wealth series you’re holding now. All told, my journey has given me three core areas of expertise:

1. Building and scaling businesses from the ground up.
2. Recovering from temporary financial setbacks and coming out stronger.
3. Mastering the art of resilience—turning failure into fuel for success.

As I poured over dozens of popular self-development books and audio programs, one truth kept

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surfacing: most of them point to an “*infinite source*” of wisdom and abundance. Yet few show you exactly how to tap into that flow in your everyday life. Instead, you’re left guessing which exercises really work.

This series is different. I’ve gone straight to the people who have reached the top of their fields—business leaders, scientists, spiritual teachers—and distilled their proven techniques into a cohesive, evidence-backed system. Every claim is footnoted with peer-reviewed studies or firsthand interviews. In other words, you’re not just getting inspirational fluff; you’re getting repeatable, field-tested steps that produce real results.

According to LibraryJournal.com, self-help book sales grew 11% annually from 2013 to 2019, totaling 17.6 million copies. Yet how many of those authors can point to their own comeback stories, cite reputable data, and offer you a seven-book roadmap? That’s the rare opportunity this series offers—and why I believe you won’t find its depth anywhere else.

**Welcome to Book One of the seven-part Prosperity, Abundance, and Wealth series. Inside these pages you’ll discover:**

- How to forge an unshakable connection with Infinite Spirit.
- The spiritual principles that rewire negative subconscious habits.
- Step-by-step methods to manifest positive change in your daily affairs.

Your path to breakthrough starts now. Here's your first actionable plan:

1. Journal for five minutes each morning, identifying one belief that's holding you back.
2. Choose a simple spiritual practice—meditation, prayer, or mindful breathwork—and commit to it for ten minutes daily.
3. At day's end, write down three decisions you made from a place of abundance rather than scarcity.

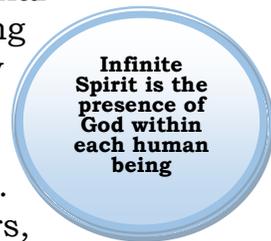
If I could rebuild my life from a pile of unpaid invoices to running multiple successful ventures and writing this very book, you can too. Trust the process, follow the steps, and let's transform those negative habits into the lasting prosperity you deserve.

### **Infinite Spirit is God's presence living inside you.**

You know that person who's taken every self-help course, devoured every motivational book, hired every coach—and nothing changed? Then one day they stumble onto a wealth-building program and suddenly they're rich. That's not magic. It's cumulative.

Take T. Harv Eker: years of seminars, then one breakthrough idea at exactly the right moment—and he shot to multimillionaire status.

Or consider Helen Hansil, a simple homemaker with three kids. After reading Norman Vincent Peale's *The Power of Positive Thinking*, she went on to win over



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5,000 contests—everything from a new home to top-of-the-line appliances. She's now the author of three books (Contesting: The Name It & Claim It Game; In Contact with Other Realms; Confessions of an 83-Year-Old Sage) and she credits her success to a seven-step process:

1. Decide exactly what you want.
2. Picture it in vivid detail—sounds, scents, textures, emotions.
3. Project it outward as if it's already yours.
4. Demonstrate unwavering faith to erase doubt.
5. Expect your success as a certainty.
6. Act on every inspired hunch.
7. Practice patience.

Here's the real deal: those “*overnight*” success stories are years in the making. Every self-help lesson chips away at emotional and subconscious blocks. When opportunity lands on a cleared path, you look like you sprung up overnight. True success comes down to this: you live in the emotion of your goal, not in fear or limitation. And yes, building great wealth is fine—until money becomes a distraction from your true spirit. When that happens, your behavior shifts and your decisions go off course.



*By demonstrating our God given powers, it brings us closer to God.*

I've walked this path. I used my own abundance techniques to manifest big sums of money—and then threw those funds at long-term projects that stalled at every turn. It wasn't until I mastered belief-clearing methods that everything snapped into place. Those big projects began flowing smoothly. That's when I saw the subconscious mind's power move from theory into undeniable reality.

**Success at anything is the ability to experience more of the emotion you believe in, versus the feelings of fear or limitation**

Prosperity? It's simple: succeeding across the board, turning your efforts into real results, and growing in every area of life. Stop blaming lack of startup capital. You can build a successful business without a huge upfront investment—if you master time and money management. Time is your most valuable asset. You can always buy another car or a new house. You can never get back wasted hours.

Tell me: why are you still saying you're too busy to plan your future? You spend an hour scrolling social media every morning. You have the time.

Detail is everything. You break down your monthly budget to the penny—every dollar in, every dollar out. Your long-term goals demand the same level of precision. You're not shooting in the dark; you're crafting a blueprint for your success.

Here's the hard truth: only 1 to 3 percent of

***Belief -  
That which  
sets inner  
forces in  
motion***

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people who read self-help books or attend seminars ever see their financial dreams come true within a few years. You're not failing because you lack information—you're skipping the real work.

Emotional Freedom Technique gives you a quick lift. But lasting transformation happens when you go deeper—clear the core blocks that keep you stuck. That's exactly what the Church of Scientology's E-meter does: it locates trapped negative emotions in your subconscious and clears them out. Once those blocks disappear, your authentic power floods back in.

You don't need a church to do this. Modern



methods like the Emotion Code and Body Code apply the same principle without the membership fees or odd rituals. Later in this book, I'll teach you simple exercises you can practice at home.

People using these energy-healing systems aren't just finding emotional relief—they're skyrocketing their incomes. Take Brent Michael Phillips, an MIT computer science grad who suffered from a supposedly incurable illness. Top doctors failed him for years. One session with an Emotional Code practitioner healed him instantly. He learned the technique himself and then obliterated his mother's cancer in a single session. His full story is in *The Formula for Miracles*.

Here's the bottom line: instantaneous healing—and true personal power—come from identifying past traumas, false beliefs, and outdated subconscious programming, then releasing and transforming them with the right methods. Clear out those emotional blocks, and there's nothing standing between you and your highest self.

Now, remember who you are. You're a spiritual being in a physical body, made in the likeness of God (Genesis 1:26). You're playing by the laws of cause and effect, riding within the morphic fields that carry memory for development, habits, instincts—even telepathy. Those invisible templates make natural laws habitual. A 2011 University of New Mexico study found that 30 percent of people already exhibit telepathic abilities. The rest of us are just waiting to learn.

**Did you know?**

A single gram of human DNA can store 215 petabytes of data (*215,000,000 gigabytes*) or roughly the equivalent of 100 million movies?

No more excuses. You've got the blueprint. Now go make it happen. The five points of the star shown previously aren't just random traits; they function in a specific feedback loop:

**The Internal Foundation** (The Bottom): Awareness & Intuition. These are your "*input*" sensors. Awareness notices the world; Intuition processes how you feel about it.

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**The Actionable Output** (The Sides): Creativity & Trust. Awareness leads to Creativity (expressing what you see), and Intuition leads to Trust (acting on what you feel).

**The North Star** (The Top): Believing in Yourself. This is the result of the other four working in harmony. You can't believe in yourself if you don't trust your gut or aren't aware of your strengths.

***Trust forms from connecting with people  
who have similar beliefs  
and values as you do***

*Make the commitment to trust and be defined  
by a vision larger than yourself*

I want to begin by confessing something: for years I believed I was broken beyond repair. Growing up, I carried my family's unspoken judgments—about who I was supposed to be, what I could or couldn't accomplish—and I internalized every harsh word, every glance of disapproval. By the time I reached my mid-twenties, I was exhausted, weighed down by depression and convinced that no amount of effort could change the trajectory of my life. I felt separated from my own Source of strength, as if an invisible chasm had formed between who I truly was and who I'd been told to become.

It was in that low point, lying on my apartment floor after a panic attack, that I first began to sense a deeper truth: the universe itself doesn't judge us. Judgment is something we learn, something we project onto ourselves—and it's what severs us from

the all-loving, all-knowing Source within. In that moment of clarity, I realized my self-hatred wasn't mine alone—it was the echo of ancestral wounds and past-life fragments, encoded into my very being.

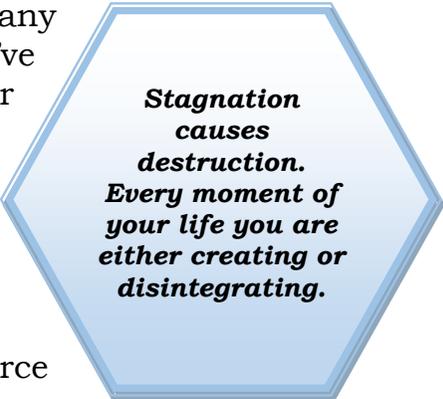
As I researched, I discovered that this idea isn't mere mysticism but has a scientific echo in epigenetics. A 2017 Translational Psychiatry study in Rio de Janeiro showed how maternal stress leaves chemical marks on DNA—marks that can be passed down through three generations, even acting as predictors for future psychiatric health. Metaphysicians suggest these imprints may spider-web back seven generations or more. I saw my own family history reflected in those findings: my grandmother's fears, my mother's anxieties, every unspoken judgment I'd inherited.

But here's the turning point: epigenetics also teaches us that our genes aren't destiny; they respond to our behavior and environment. Through focused awareness, we can overwrite negative genetic tendencies. I began to experiment with mind-science tools—affirmations to dissolve judgment, visualizations to reconnect with my Source, vision boards to map a more empowered future. I learned simple mind-body practices, like yoga and Tai Chi, can literally reverse stress-related DNA reactions. A landmark study titled "*What Is the Molecular Signature of Mind-Body Interventions?*" showed that these practices switch off the molecular triggers of depression and ill health.

If I could stare down decades of self-doubt and inherited trauma and emerge on the other side, you can too. Here's a clear, actionable path for your own breakthrough:

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1. Name Your Judgments: Take ten minutes each morning to write down any negative labels you've internalized—about your family, your identity, your abilities. Seeing them on paper starts the process of invalidation—working, disarming their power.



**Stagnation  
causes  
destruction.  
Every moment of  
your life you are  
either creating or  
disintegrating.**

2. Reconnect with Source Through Affirmations: Choose three affirmations that speak to your true essence—**“I am unconditionally loved,” “I am whole beyond measure,” “I release ancestral pain.”** Repeat them aloud, morning and night, until they begin to replace old judgments.

3. Practice Mind–Body Rituals Daily: Commit to at least ten minutes of yoga, Tai Chi, or mindful breathing each day. As you move or breathe, visualize your DNA shifting—negative switches turning off, healing switches turning on.

4. Build a Vision Board: Collect images and words that reflect the life you want: joy, creative fulfillment, loving relationships. Place them where you can see them daily. Your brain—and your genes—will start aligning with that vision.

5. Journal Your Progress: Once a week, record changes you notice—emotional shifts, new ideas, improved health. Over time, you'll have tangible proof that you're no longer a prisoner of biology.

Remember: the universe does not judge you; judgment is a habit you can unlearn. As you follow these steps, you will reclaim the truth that there is no separation between God and your Spirit, no barrier between who you are now and the Source of all possibility. I was in the darkness—overwhelmed, discouraged, convinced it was permanent. Today, I stand in the light of a life I once thought impossible. If I could find my way back to wholeness, so can you.

### **What is Evil?**

It's our mind twisting nature's perfect harmony into something sinister. Nature moves in cycles of cause and effect, each part supporting the whole. When disaster strikes, it isn't evil— it's cause and effect steering us back toward balance. Evil, then, is simply ignorance of that law.

Ask AI whether evil is man-made and you'll be met with endless waffle. Enter Immanuel Kant. He wrestled with three truths: we have free will; we're inclined toward goodness; yet some people choose darkness. Kant gave us a secular theory of evil, a framework to hold our contradictions.

Look at the wild. Predators kill to eat, to protect, to mate—never out of malice. Nature has no morals. Balance is restored through endless cycles. Consider the meteor that wiped out the dinosaurs: catastrophe? Or the spark that paved the way for humanity. Think of Hurricane Katrina: disaster unleashed the best in people, forging communities from the rubble.

If equilibrium failed, herbivores would devour every leaf, and the food chain would collapse. Instead reproduction cycles, ocean currents,

## The Abundance Pivot

predator hunts all conspire to keep the web intact. A clam releases thousands of eggs, yet only a handful survive. That's nature's precision.

Is murder evil? Yes—snuffing out an innocent life is wrong, save self-defense. Yet killers often follow fractured belief systems, acting under collective illusions. Think of the Crusades: holy wars fueled by dogma. What if trauma never warped their minds—would they still cross that line?

Collective beliefs can also lift us. Between 1922 and 1952, five nations tried—and failed—to summit Everest. In 1953, Hillary stood atop the world. In the next 17 years, Switzerland, China, America, India, Japan all followed. A shared dream became reality.

On May 6, 1954, Roger Bannister shattered the four-minute mile on a wet, cold track. What was once deemed impossible—15 mph sustained by the human body—crumbled under belief. Two months later, John Landy broke the barrier again. As of 2021, over 1,663 athletes have done the same. A standard born from faith in human potential.

In the end, most acts we call “*evil*” spring from false beliefs. Our actions, driven by ignorance, merely reinforce our illusions. Evil is not nature’s design—it’s our own.

This book draws from biblical illustrations but speaks to all spiritual paths. Whatever name you call the Divine—God, Allah, Brahman, Great Spirit—the message remains universal. Divine Energy flows without preference through all beings, across all boundaries, beyond all human divisions. Spirit knows no borders.

When we gaze at the cosmos through Hubble's eye or stand alone beneath ancient pines on a mountain trail, the same awe fills us. The

mathematician's equation and the poet's metaphor spring from identical wells. Inspiration is birthright. Throughout these pages, you'll encounter triangular symbols and five-pointed stars organizing crucial concepts. These shapes bypass intellectual resistance and speak directly to your deeper knowing. Symbols endure.

Many live imprisoned by unexamined fears, their potential locked away behind invisible bars. This book offers keys to those cells by revealing your true nature—not as a separate being, but as a conscious expression of the universe itself. Know yourself. Free yourself. The cosmos awaits.

*You can never obtain peace in the outer world until you make peace with yourself" –*

*The Dalai Lama*

***When you learn to observe your thoughts and know that you are not your thoughts, you access your true personal power because you no longer associate an identity with them.***

The Date Palm thrives in hot, dry regions and symbolizes prosperity in the Arab world. It takes up to four years to bear fruit—and remarkably, scientists germinated a 2,000-year-old seed from Masada, dating it to Christ's era.

This edition of the prosperity series offers simple, practical techniques—hidden pearls you can apply immediately. Regular practice unlocks your inner power, bringing success and joy. After all, knowledge without demand is useless; even PhDs can go broke

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if their expertise isn't applied when needed. That's why good books store wisdom until the moment it's required.

*It takes real courage to walk as a living example of truth*

Believing in others sparks real change. Zig Ziglar spent two years as an average door-to-door salesman until a supervisor told him he had top-sales potential. Mentored and motivated, he became the company's second-highest seller. His success sprang from how he thought and saw himself—a principle as true today as a century ago.

In early 2003, I was invited to join the cruise ship crew on Pride of Hawaii (later Norwegian Jade), managing its luxury penthouse cabins. I observed many wealthy guests credit their fortunes to Biblical spiritual principles. Afterward, I founded a company that found commercial success by distributing all-natural hair-salon air fresheners along the U.S. West Coast and in Hawaii.

***The art of becoming a master takes place by slowing down. Every master was at one time a disaster.***

Australian author Rhonda Byrne—raised Christian—attributes The Secret's 35 million sales to Bible-based spiritual laws. Likewise, the Abundance Prayer, built on universal spiritual principles and the Law of Cause and Effect, has transformed thousands who've embraced its simple words.

Look, mastery demands you slow down. Period. Every expert you admire once fumbled through basics just like you.

Next time you pick up this book, don't just skim it. Take one chapter—just one—and read it daily for a week. Too busy? Break it into smaller chunks. But read it. Knowledge sitting idle in your brain is worthless until you put it to work.

Let me show you how attraction really works. The sun doesn't "try" to hold planets in orbit. Its massive gravitational pull simply does the work. Your life operates the same way. Whatever you've built—knowledge, wealth, relationships—creates a force field that pulls in more of the same. The rich get richer because they've established gravitational centers of resources and skills that naturally attract more. That's not philosophy—that's physics in action. And it works whether you believe it or not.

***An Expert is someone who has mastered something so well, they have lost their fear of the topic***

I've placed powerful quotes throughout these chapters like signposts on your journey. Not because they sound nice—because they'll push you to take the risks you've been avoiding. Listen: students of life make fewer mistakes. Period. It's not complicated—knowledge is power, and you know this already.

Your time is under assault. Distractions multiply daily. The ability to focus and prioritize isn't just helpful—it's essential currency in today's world. When you feel lost, this isn't coincidence or bad luck. It's a signal. Use this book as your North Star. Wake up tomorrow with direction. Walk with confidence.

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## Emotional Attachments and the Law of Attraction

The wealthy think in terms of both, not either/or.

Your identity has you in a chokehold. Break free from who you think you are, and watch what happens. A new self emerges. Life expands. This isn't philosophy—it's practical transformation.

One of the primary reasons people struggle with

***Become a  
frequency match  
for the  
experience you  
wish to manifest***

the Law of Attraction is that they cling too tightly to a specific outcome. Yet external forces—the economy,

family background, other

people's choices—lie beyond our control. What we can control, absolute and unwavering, is how we respond: with fear or with faith. When we let anxiety overtake us—worrying that a parent must monitor every move of her child to be “responsible”—we actually fuel the very scenarios we dread. Fear is inverted faith, a misdirection of vital energy that projects vivid images of illness, accidents, or failure. Those images then become magnets in our personal experience. By contrast, choosing faith means handing our concerns over to a higher power or to the deep trust within ourselves, and maintaining peace of mind even amid uncertainty. *Affirm daily: “I release every attachment that no longer serves me.”*

Any person, object, or situation to which you assign undue meaning binds your subconscious and dampens your willingness to take risks. Over-attachment breeds fear, and fear narrows your field

of action. You end up playing it safe—often earning the same income or repeating the same patterns year after year— because you won't allow yourself to venture outside what feels "comfy."

Modern physics illustrates how your focus shapes reality. Your conscious mind leaps between parallel possibilities billions of times each second. In quantum experiments, particles act like waves—passing through multiple slits and interfering with themselves— only when no one is watching. Once observed, they collapse into fixed paths. Similarly, when you obsessively monitor or cling to a goal, you arrest its energy and stunt its natural unfolding. You must learn both to observe your blessings and then deliberately let go, freeing your creative energy back into the flow so new opportunities can emerge.

Your reactions—persistence, endurance, courage—forge your connection to whatever you believe is greater than yourself. Faith loosens the grip of attachment, reminding you that abundance is ever-present. Missed chances aren't dead ends but invitations to fresh possibilities. Even elite athletes prove it: in empty gym sessions, their shooting percentages soar above 80 percent because no crowd pressure overrides their focus. Under the glare of game night, it dips closer to 70 percent. The lesson is clear: you can't marshal external conditions, but you hold absolute power over your response. By choosing faith over fear, detachment over fixation, you become the author of your own success.

Listen, the bigger your goal, the more emotion you'll wrestle with— and the tighter you'll cling. Attachment to the end result gives meaning to that result, and meaning fuels emotional energy. So if

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you want to conquer big challenges, you must detach from the outcome.

Look at people who land a second job. It's easier when you already have one because you're content—your attachment is low, so your emotions stay in check. Now think about paper-trading stocks. You can nail it in pretend mode, then dump real money in and watch fear, doubt, and anxiety crash the party. Clinging to results doesn't show strength. Letting go does.

When you practice under tough conditions, distractions fade and you perform at your peak. Baseball players even use a “donut”—a weight on the bat during batting practice—so that on game night the bat feels lighter and they swing confidently. The bat hasn't changed. Your perception has.

***The purpose of nature is for the advancement and unfolding of life***

Grab a friend or form a small group to study this book. You'll uncover insights faster, stay accountable, and yes, enjoy the ride more. Use these pages as your daily reminder whenever you lose sight of your limitless supply, your source of plenty.

You're here for simple solutions to complex challenges. This book delivers. It's built on original Spiritual Teachings of Truth and shows you how to unlock your subconscious power. Flip to the end and you'll find clear, step-by-step instructions to create your own self-hypnosis scripts—record them, play them, and watch transformation take hold.

Don't treat this as just another self-help book. Scribble notes in the margins. Highlight your favorite lines. Craft personal affirmations. Make it your guiding light. Let its timeless wisdom lead you on the most exciting journey you'll ever take: the road to your success.

***Repeated success of completing  
small goes creates confidence  
which reinforces belief. Therefore,  
confidence is a learned skill, not  
a personality trait***

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# The Abundance Pivot

## References. Introduction

### Notable Figures and Success Stories

T. Harv Eker: A multimillionaire who achieved success after years of seminars and a single breakthrough idea.

Helen Hansil: A homemaker who won over 5,000 contests and authored three books, including *The Name It & Claim It Game*, after reading Norman Vincent Peale.

Norman Vincent Peale: Author of *The Power of Positive Thinking*.

Brent Michael Phillips: An MIT graduate who healed an "incurable" illness and his mother's cancer using the Emotion Code; his story is detailed in *The Formula for Miracles*.

Sir Edmund Hillary: The first to summit Mt. Everest in 1953, paving the way for others.

Roger Bannister: The first athlete to break the four-minute mile on May 6, 1954.

Zig Ziglar: A salesman who became a top performer and motivational leader after receiving mentorship.

Rhonda Byrne: Author of *The Secret*, which has sold 35 million copies.

Immanuel Kant: A philosopher who provided a secular framework for understanding the nature of evil and free will.

The Dalai Lama: Quoted regarding the necessity of internal peace for outer world peace.

## **Scientific and Research References**

2011 University of New Mexico Study: Found that 30% of people exhibit telepathic abilities.

2017 Translational Psychiatry Study (Rio de Janeiro): Demonstrated how maternal stress leaves chemical marks on DNA that can be passed down through three generations.

"What Is the Molecular Signature of Mind-Body Interventions?": A study showing that practices like yoga and Tai Chi can switch off molecular triggers for depression and ill health.

DNA Data Capacity: A single gram of human DNA can store 215 petabytes of data, equivalent to 100 million movies.

## **Methods and Spiritual Tools**

The Emotion Code & Body Code: Modern energy-healing systems used to clear subconscious blocks.

Emotional Freedom Technique (EFT): Provides a quick lift, though lasting transformation requires deeper clearing.

Church of Scientology E-meter: A device used to locate and clear trapped negative emotions in the subconscious.

Abundance Prayer: A prayer based on universal spiritual laws and the Law of Cause and Effect.

Biblical Principles: The text references Genesis 1:26 and notes that many wealthy individuals credit their success to these principles.

## **Chapter 1**

### ***Discovering the Untapped Power within You***

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You're standing on the edge of a new era. Humanity is unlocking its ability to manifest ideas and desires faster than ever before. This isn't hype—it's evolution in real time. Metaphysicians say our planet is moving into a fresh energy field as it sweeps around the Milky Way. One full orbit— 225 to 250 million years—marks a Galactic Year. We've arrived at its peak.

History documents one man who turned that power into daily miracles: Jesus Christ. Today, ordinary people are crafting their own formulas to generate miracles in their lives. Jesus tapped the vast spiritual force inside each of us and directed it into compassionate action. Imagine a Roman onlookers seeing a helicopter land—they'd call it magic. We call it the Law of Cause and Effect in action.

The Bible puts it plainly: ***“He that believes in Me, the works that I do, he shall do also; and greater works than these shall he do.”*** You carry that same power today. If the electricity of all the cells in your body were added up, they would hold ten times more energy, measured in joules, than a hydrogen bomb. That's raw potential screaming for expression. It even explains extreme phenomena like spontaneous human combustion.

Yet most of us play small. We dim our power to blend in, fearing judgment and abuse of strength.

That fear keeps us average. Here's a proven truth: your character equals the average of the five people you spend the most time with. Choose wisely—and unleash your authentic power.

***The shortcut to eliminating fear is not to resist it, but to instead embrace it; own it***

Learning to Trust ourselves means recognizing where our power truly lies: not in controlling external events, but in choosing our responses to them. Consider how Jesus never blamed circumstances—he understood that while he couldn't control the world around him, he could channel the Spiritual Power flowing through him. "***With man this is impossible, but with God all things are possible***" (Matthew 19:26).

Author Simon Sinek's experiment with a homeless woman in New York City reveals this principle in action. When she replaced her cardboard sign with "*If you only give once a month, please think of me next time,*" her daily income quintupled. She couldn't control passersby's finances or generosity, but she could control her approach—choosing dignity over desperation. Her choice transformed her circumstances. We cannot control the interconnected web of humanity around us, but we can control how we engage with it. Trust isn't something handed to us; it's something we cultivate through our chosen responses. When you decide to devote a portion of each income increase to helping others, you're not just hoping for prosperity—you're actively creating it through your chosen response to abundance.

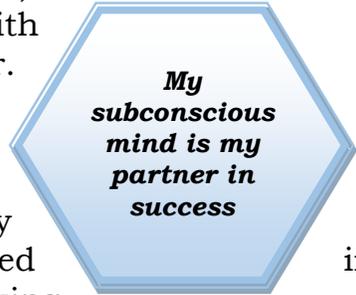
# The Abundance Pivot

*I can do all things with Christ  
who strengthens me*

**More than 91% of what you worry about will never happen**

Beliefs carve fresh neural byways that pave your future. A 2019 University of Pennsylvania study recruited 29 adults (26 women, 3 men), all diagnosed with Generalized Anxiety Disorder.

For ten days they wrote down every worry, then reviewed them over the next month. The finding? They spent two hours a day trapped in worry— 43.12% of their thinking time—devouring 25.88% of their waking hours. Each person juggled 34 distinct worries on average. Yet 91.4% never came true, and 30.10% actually turned out better than expected. Putting pen to paper acted like light therapy, exposing worries and robbing them of their power.



Goal planning demands more than what feels possible. Leave room for something bigger. The universe has grander plans than you can imagine!

Clutter kills manifestation. Attachments steal your space. Ask yourself: how many thoughts stream through your mind each day? Researchers built a device they call the “*thought worm*” to find out. It clocked 6,200 thoughts per day— 387 each hour—six and a half every single minute you’re awake. Think the same loop over and over, assign it truth, and it becomes belief. Those beliefs will then sculpt your reality.

Treat your subconscious as your partner in success. Feed it the thoughts you want to live.

So how many of your thoughts turn into real worries? If you struggle with high anxiety, you rack up about 32 worries every ten days. That breaks down to two anxious thoughts every hour—and nine out of ten of those never even happen. Your circumstances might shift the exact count, but the bottom line stays the same: most fears never materialize.

Here's a story. A savvy entrepreneur hung one simple sign in his office: "*Why worry? It'll never happen.*" Day after day, that phrase wired itself into his subconscious. He began to believe only good could enter his space—and only good showed up. Try it yourself:

***"I am now inscribing a new idea of God's wealth in my subconscious. God is my source. Every need is met at every moment. God's riches flow freely into my life. I give thanks for this abundance on my journey."***

Your soul is a silent listener—your faithful servant. "***For the LORD is a faithful God. Blessed are those who wait for his help***"

(Isaiah 30:18). Every concept, every phrase you utter imprints itself, just like a singer's note etched onto a phonograph disc. To enlist your subconscious, give it clear commands. Nature proves the connection: the energy you send returns in alignment with your intention and emotion. So declare with power:



By demonstrating our God given powers, it brings us closer to God

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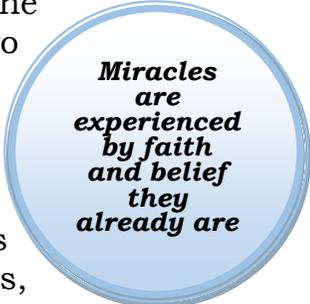
***“I demolish every false record in my mind. Outdated beliefs return to cosmic dust. The Christ within now records perfect beauty, self-expression, health, and wealth!”***

Science is catching up. Young flutists battling cold hands and racing hearts before auditions learned White Ball Qi Gong. In two to five minutes, they dropped their heart rates from 102.9 to 92 beats per minute—and their hands warmed. Affirm it:

***“I sing beautifully. I am serene, confident, poised, and calm.”***

Then there’s Lourdes, France. In 1858, a 14-year-old girl saw a lady at the cliff of Massabielle. Word spread. Sick pilgrims poured in. The Medical Bureau reports over two million visitors and six thousand documented healings. Real results. No excuses.

Between 1890 and 1915, researchers documented hundreds of seemingly miraculous healings, discovering a profound truth: while the pilgrims couldn't control their illnesses, they could control their response to suffering. Of the 382 documented cases, those who chose immersion—both physical (in baths) and spiritual (in sacrament processions)—accounted for 80% of recoveries. Most remarkably, 59% experienced instantaneous healing the moment they surrendered to the process. Eleven others transformed their conditions through simple choices: breaking bread with others in hospital wards, sitting contemplatively in the rosary square, or joining the community during torch-lit



***Miracles  
are  
experienced  
by faith  
and belief  
they  
already are***

processions.

The study revealed that while these pilgrims couldn't change their diagnoses, they wielded complete authority over their mental landscape. Those who consciously cultivated belief over doubt, anticipation over resignation, and fervor over apathy created their own healing environment. The French surgeon Alexis Carrel observed the ultimate expression of this agency: "**Individuals are cured not by praying for themselves, but instead by praying for others... the believer surrendering himself to God whilst asking for his grace**". In other words, even when circumstances offered only suffering, these pilgrims chose the one thing always within their control—their focus—directing it outward toward others rather than inward toward their pain.

Sixty-seven souls—SAVED!— at Lourdes, each one snatched from death's grip and blessed with divine intervention by the Roman Catholic Church's official proclamation. Seven miraculous rescues in 1862 alone. Thirty-three divine interventions erupted between 1907 and 1913—a veritable explosion of God's mercy! Twenty-two desperate cases transformed between 1946 and 1965, and five more chosen ones between 1976 and 2005. Yet researchers discovered a shocking truth: many of these "*miracles*" involved tuberculosis victims. The same tuberculosis that—according to cold, clinical science—can spontaneously vanish on its own, through nothing more extraordinary than simple bed rest .

***Imagination is life's preview of  
about what's to happen***

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### **Scientifically Documented Cases of Instantaneous Self-Healing Through Personal Mastery**

No matter what the economy throws at you, how you were raised or what others do, you alone choose your response—and that choice determines whether you suffer or thrive. The Institute of Noetic Sciences has catalogued over 3,500 instances of spontaneous healing in the human body—cases gathered in Marilyn Schlitz’s January 1993 volume, *Spontaneous Remission: An Annotated Bibliography*, and available online for all to explore. Each new report reminds us that, while external forces lie beyond our control, we have complete authority over our internal state—our beliefs, expectations and actions.

Consider Dr. Joe Dispenza’s work. In a one-on-one interview with Lewis Howes, Dispenza recounts the story of a woman legally blind since birth, with just five percent vision remaining. After weeks of committed practice using his meditative techniques—and then attending his live workshop—she experienced an immediate, full restoration of sight. This wasn’t luck or outside intervention; it was the direct result of her decision to harness her own mind. In other Dispenza seminars, three deaf participants chose to engage deeply with the process and regained their hearing on the spot. Others have risen from wheelchairs after spinal-cord damage, walked unassisted where they once needed canes, seen Parkinson’s symptoms vanish and even watched thyroid cancer dissolve—all by shifting subconscious beliefs and embracing personal responsibility for their healing.

What unites Dispenza with pioneers like Dr. Eric Pearl, Dr. Delores Cannon, Dr. Frank J. Kinslow, Brent Michael Phillips, Dr. Bradley Nelson and Marisa Peer is this: they teach methods for accessing and reprogramming the subconscious mind—often by tuning into Theta brainwave frequencies—to eliminate the false beliefs that hold us back. In effect, every participant is both patient and healer, choosing to remove inner obstacles rather than passively accept limitation.

Dr. Dispenza’s article, “*You Are the Placebo: Psychosomatic Blindness*,” shows how unexamined trauma can undermine eyesight—and how a conscious shift in belief can restore it. By contrast, everyday cannabis intoxication, which dampens Theta activity (Christian D. Richard et al., Oct 2021), illustrates how succumbing to external substances can weaken our self-healing capacity rather than strengthen it.

One healing system anyone can learn is Dr. Bradley Nelson’s Emotion Code, which holds that 90 percent of our physical pain originates in “*trapped emotions*.” By choosing to release those emotions, we lighten the body’s burden and spark profound recovery. Later in this book you’ll find step-by-step techniques and an updated Emotion Code Chart so you can reclaim your well-being directly—no dependency on pills or practitioners required.

I speak from experience. After writing more than a dozen 400-page books, I faced bursitis, eye fatigue and mental drain. I once relied on herbs—rooibos for inflammation, Bacopa for concentration, astragalus for vitality. But by applying subconscious-clearing methods like the Body Code and Emotion Code, I cut my herbal regimen by two-thirds and felt stronger than ever.

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These documented healings prove a simple truth: external events lie beyond our grasp, but our reactions are ours alone. When you accept full responsibility for your inner world—releasing old beliefs, choosing empowering thoughts—you unlock the 60 to 70 percent of your brain's capacity that most people never access. In that space of personal mastery, true healing—and true success—become your own creation.

The evidence is UNDENIABLE—prayer dramatically alters human physiology and consciousness, even when the person being prayed for has NO IDEA it's happening! A groundbreaking study revealed that breast cancer patients receiving distant healing experienced PROFOUND mood improvements compared to control subjects, despite being completely unaware of the intervention.

In another SHOCKING discovery, alcoholics who prayed daily for just 4 weeks SLASHED their drinking by HALF! This revolutionary finding explains why countless former addicts report COMPLETE liberation from cravings after connecting with spiritual practices.

Even more ASTOUNDING is Dr. Elizabeth Targ's landmark 1998 double-blind study at California Pacific Medical Center. AIDS patients—suffering from what was then a DEVASTATING and TREATMENT-RESISTANT virus—who received remote intercessory prayer showed DRAMATIC mood improvements and required SIGNIFICANTLY FEWER hospitalizations than the control group. The implications are STAGGERING!

The physiological impact is MEASURABLE and REAL. A 2021 meta-analysis CONFIRMED that heart rate variability (HRV)—a critical indicator of overall health—undergoes REMARKABLE changes

during Reconnective, Bruyere, and Hawaiian healing sessions. Dr. William A. Tiller of Stanford University documented ACTUAL PHYSICAL CHANGES in the NATURE OF SPACE ITSELF during Reconnective Healing sessions —evidence that challenges our very understanding of reality!

The success of the healing is the result of the healer praying for the other person to be healed, by affirming "***In this individual, I deny any appearance of illness and its erroneous belief pattern in this mind, body and spirit. This person exists as a perfect expression in Divine Mind. He (or she) exists as pure substance as Divine Perfection expresses itself though him (or her). Therefore any Illness is unrealistic and cannot register in this person's mind, body and spirit***".

In the Divine Mind, time and space don't exist. Your words travel like quantum-entangled particles—instant, undeniable, never void. The Universe runs on a binary code—on and off, light and dark, hot and cold. To manifest through the Law of Attraction, quit observing and just let go. Picture reality as a movie projector. Frame by frame, your consciousness beams light through your eyes. Every sound, scent, taste, touch—nothing more than electrical signals interpreted in darkness. You are not your brain; you are the projector.

That means you can seize control of your thoughts and emotions by installing new beliefs and subconscious programs. Doubts are excuses. Commitment is power. The stronger your resolve, the stronger the Universe backs you. Everything around you reflects energy back in its own frequency. That's why every moment feels unique. Pure feeling—stripped of self-image—is the clearest

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mirror of your true self.

Stop stalling. Rewrite your beliefs. Forge new habits. Claim fresh motivation, discovery and growth. Physics guarantees it.

### **Exploring Your Untapped Inner Potential**

Did you know that each day your lungs draw in at least one molecule of air that Julius Caesar breathed the moment he died on April 3, AD 33? You can't control that ancient breath any more than you can control the economy, your upbringing, or other people's behavior—but you have complete authority over how you respond. It's your reactions, not external circumstances, that determine whether you create misery or success in your life.

The hidden power within you resides in the subconscious mind, which processes information at astonishing speeds. When scientists measured what happens in your brain while you consciously read or play piano, they found it manages less than fifty bits of data per second. Yet over eleven million bits per second flood into your brain from your environment—some 27,500 times more than your conscious mind can handle. That's the equivalent of streaming high-definition video through a cable connection.

All those millions of bits don't overwhelm you because your subconscious filters and buffers them, passing only manageable fragments upward into awareness. Those filters are built from your beliefs and past experiences, and they color every bit of information you consciously perceive. You alone choose which beliefs to strengthen, which patterns

to let go of, and thus how to interpret the world around you.

Imagine standing on a distant hill listening to waves rolling onto the shore. From that vantage point, the individual crashes blend into a continuous, muffled roar. Your subconscious works the same way: it holds back most of the sensory and mental input, then releases it in distinct “*waves*” of awareness so your conscious mind can make sense of it. You decide whether to ride those waves or be knocked down by them.

At first, tuning in to the flow of thoughts and reactions in your subconscious may feel like a struggle. But with practice, your awareness gains momentum, new habits form, and you begin to choose responses that shape your reality instead of letting circumstances shape you. Later in this book, I’ll share powerful methods to reprogram your subconscious mind—and by doing so, you’ll harness the raw energy of Infinite Spirit to craft the success you deserve.

*Did you know that the development of the human heart begins as early as 21 days after gestation, and it takes about 21 days to form a new habit*

## **Exponential Growth Illustrated in a Game of Chess**

You want simple proof that small actions explode into massive results? Exponential growth delivers every time. Give yourself room to expand, and you’ll watch rewards multiply. That’s the nature of life through Spirit. Look at technology: each

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breakthrough builds on the last, pushing progress faster. Look at your bank account: the interest you earn jumps right back in to earn even more. That's exponential growth in action.



There's a centuries-old Indian legend that drives this home. A wise man named Sissa Ben Dahir invented chess for King Shirham. Sixty-four squares, black and white. The king loved it and asked Sissa what he wanted in return. Sissa said, "*Place one grain of wheat on square one, two grains on square two, four grains on square three, eight on square four, and so on until all 64 squares are filled.*" The king chuckled. "So little? Foolish request. Granted."

The wheat arrived. One grain. Two. Four. Eight. By square 10, you need 1,024 grains. By square 20, over a million. By square 40, you need billions. The royal storehouse ran dry before square 64. To fill every square, you need  $2^{64}$  grains—over 1.4 trillion metric tons. Enough to blanket the entire Earth. One simple doubling rule blew past every expectation.

That chessboard story slaps you awake.

Exponential sequences run our world: your savings reinvest in themselves, online videos explode in views, bacteria populations skyrocket, sounds gain or fade by fixed ratios, human and animal populations swell. One splits into two. Two split into four. Four become eight, 16, 32, 64—and keep soaring.

## **The Expanding Stages of Wealth**

Wealth doesn't spring from thin air. It builds on a solid foundation you plan and construct over months or years. Those early efforts feel slow. That's the point. Lay bricks, cement the groundwork, then get out of your own way. Once the infrastructure is in place, momentum kicks in. Cash flow accelerates. Streams of income feed each other. That's when explosive growth takes over.

Stop buying excuses. You're not too busy. You're not too small. You're not too late. Exponential growth doesn't wait on your timetable. It follows its own rule: small beginnings, relentless doubling. Invest time, effort, capital, and watch the power curve go vertical. You don't get rich quick. You build steady, then you let growth do the heavy lifting. That's the law.                   That's                   your                   path.

As your income grows, it will gradually move up as a series of stages. Once you have accomplished one goal, affirm, "***I am so happy and grateful for the stage I am at. I am truly thankful for an even stronger thirst for knowledge and information that will take me to the next level.***"

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### **Your Brain: A Supercomputer in Your Hands**

Your brain operates like a supercomputer. It contains roughly 100 billion neurons and about 1 trillion glial cells, all arranged in fractal networks. If each neuron stored just one memory, you'd run out of space almost instantly. Instead, those neurons interconnect in an exquisitely organized way that multiplies your storage capacity to around 2.5 petabytes—over a million gigabytes. To put that in perspective, if your brain recorded TV shows like a digital video recorder, you could capture three million hours—enough to leave it on continuously for more than 300 years! Because you have total control over how you use that capacity, you can strengthen your memory by choosing to learn at least one new thing every day.

### **Your Subconscious: The Inner Engine of Experience**

Everything you experience springs from your thoughts and feelings, and those depend entirely on your belief system, which you've built from past experiences. Your mind processes about 11 million bits of information every second—most of it beneath your conscious awareness. You decide what beliefs to feed that processing. When you choose to believe that everything happens for your growth and mastery, you steer every circumstance—especially the unexpected—into opportunities rather than setbacks.

## **Detachment and Manifestation: Handing Over the Reins**

If you cling to a fixed idea of “*success*,” you limit what could manifest. Your conscious mind can’t fathom all the ways the universe works. By letting go of rigid expectations, you open the door to outcomes far greater than you imagined—without extra effort. Jack Ma Yun built Alibaba despite having no money, no technology, and no plan. He focused on his response, his adaptability, and his unwavering belief that circumstances could be shaped by his mindset.

## **Mastering the Laws of Attraction (Spiritual Physics)**

When you understand how your reactions create your circumstances, disappointment fades. You shift from blaming the economy, your upbringing, or other people to taking full responsibility—and full credit—for your results.

## **Not Everyone Realizes Their Dream—But You Can**

External circumstances like age or market conditions are beyond your control; your response is not. Wealth studies tell us that in 2014, Americans 65 and older had a median income of \$38,900 versus \$59,500 for those aged 18–64. By 80, poverty rates rise even higher. Only about 5 percent of Americans over 65 become financially independent, and just 1.5 percent qualify as ultra-high-net-worth. But clinging to outdated beliefs or old habits is a choice, not a fate.

## The Abundance Pivot

You are never too old to learn, to shift your mindset, or to rewire your beliefs. Ask yourself: Who do I want to become by age 60, 70, or 80? Your external world may throw curveballs, but your reaction—your ultimate power—remains entirely in your hands.

Imagine throwing yourself into the ruthless arena of entrepreneurship.

***The more you acquire material wealth, the more aliveness you add to the Universe***

According to the U.S. Bureau of Labor Statistics (as reported by Fundera), roughly one in five small businesses crashes and burns in its first year. By the second year, failure claims 30 percent of ventures. By year five, nearly half have been wiped off the map. And even if a company endures to its tenth anniversary, it still faces only a 30 percent chance of true success. Yet some warriors break through that gauntlet—here are a few who fought past year ten:

- Tina Turner didn't scorch world stages until her forties, only then ascending to major-star status.
- George Carlin, expelled from school, the Boy Scouts and even the U.S. Air Force, battled rejection to become one of history's greatest comedians.
- Colonel Sanders was in his sixties when he fired up his first KFC franchise, only to see it explode into a global empire.
- Julia Child didn't publish *Mastering the Art of French Cooking*—now a culinary bible—until she was around fifty.

– And when Jeff Bezos launched Amazon.com, he gave it just a 30 percent shot at survival, warning his parents they'd likely lose everything.

All of these legends stared doubt in the face. They quivered, they questioned, but they refused to quit. They clung to every incremental victory, fanning those sparks into an inferno of momentum. That relentless refusal to surrender—that ironclad belief in themselves—became their decisive edge.

Why do so many of us crave riches? Because the Universe hungers to express itself through us, and it equips those bold enough to dare. Wealth isn't handed out as charity; it's claimed through unyielding dedication, razor-sharp knowledge, honed skills, fearless courage and the stubborn perseverance to press on when everyone else retreats. Those who endure discover that the true reward isn't merely profit—it's the transformation of self and the flowering of the Universe's own spirit through our journey.

### **Preparing for the Ultimate Journey of Life**

Most people treat life like a pitched battle, yet it's actually a sacred odyssey. Too many wander unprepared, burdened by fear and confusion. But this expedition can be a source of exhilaration at every turn once we master Spiritual Law and the ancient wisdom woven through the Old and New Testaments.

What a person sows, he inevitably reaps. This cosmic decree ensures that every word uttered and every action taken boomerangs back. Sow hate and you'll harvest hatred; extend love and love will flood you in return; criticize and criticism will strike you

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back; lie and you will be deceived; cheat and you will feel the sting of betrayal.

Imagination is the furnace at the heart of our journey. It lets us build from the goal within instead of chasing shadows outside. If your imagination feels dull, spark it by faking enthusiasm for a few breath-filled moments—enthusiasm is the breath of the God within, and imagination rides its wind. Or ask yourself: *“If a child invented this with pure imagination, what wild, brilliant form would it take?”*

Wisdom warns us to guard our inner vision fiercely, for *“out of it are the issues of life”* (Proverbs 4:23). Whatever we conjure in our minds—whether it’s radiant or ruinous—will sooner or later erupt into reality. We’ve all witnessed people terrified of some exotic disease, so obsessed with it that they read, obsess, and finally summon it into existence

***The expression of love cannot be fully experienced where states of disorder exist***

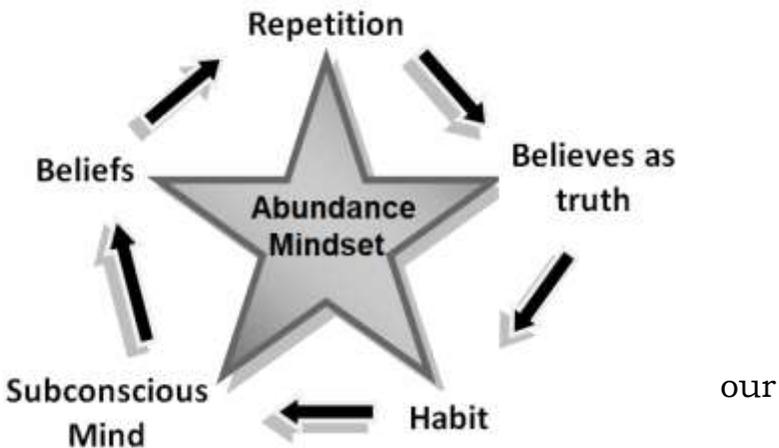
through sheer mental conviction. That stark truth teaches us why we must cultivate our imagination deliberately, so we can be its master instead of its victim.

Forge your vision with fiery intent. Tend your inner world like a sacred temple. Persist through every setback. In doing so, you steel yourself for the grand adventure of life—and you pave the way for the Universe to manifest its fullest glory through you.

***Every experience you encounter in your life is preparing you for your future experiences, or even the years that are yet to come***

Every longing of the heart—abundance, love, health, friends, flawless self-expression and one's highest ideals, is always brought into one's life by a person who has trained their mind to envision only good. It takes mental fortitude to acknowledge the truth about who they really are. Understanding there is a limitless supply and that abundance is theirs by Divine right. It is right there just for the asking.

**The Programming Cycle of the Subconscious Mind**



imagination is the paintbrush of your mind. Every day, it paints a canvas with images from the Infinite Spirit. Make no mistake—you will face your own creation in the outer world. Want to program your subconscious? First, understand how your mind works. The Greeks nailed it: "**Know Thyself.**"

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Buddha got it right too: "*Take care of each instant, and you take care of all time.*"

Let's be clear. When you figure out a magic trick, the mystery vanishes. But when you truly understand your mind? That's the real magic.

Your mind operates in three realms: subconscious, conscious, and super-conscious. Think of your subconscious as raw power—like electricity. It executes commands but can't think for itself. Both conscious and subconscious live in your brain, while the super-conscious exists beyond it—all connected by invisible golden threads. Whatever you feel most deeply gets imprinted on your subconscious and manifests down to the last detail.

Your conscious mind—sometimes called the mortal or carnal mind—sees life as death, health challenges as sickness, and financial struggles as poverty. It stamps these perceptions on your subconscious when you're not paying attention. And your subconscious? It worships these thoughts, builds beliefs around them—even when they're dead wrong.

Remember this: your subconscious is impersonal. It doesn't judge. It simply accepts whatever your conscious mind believes as absolute truth.

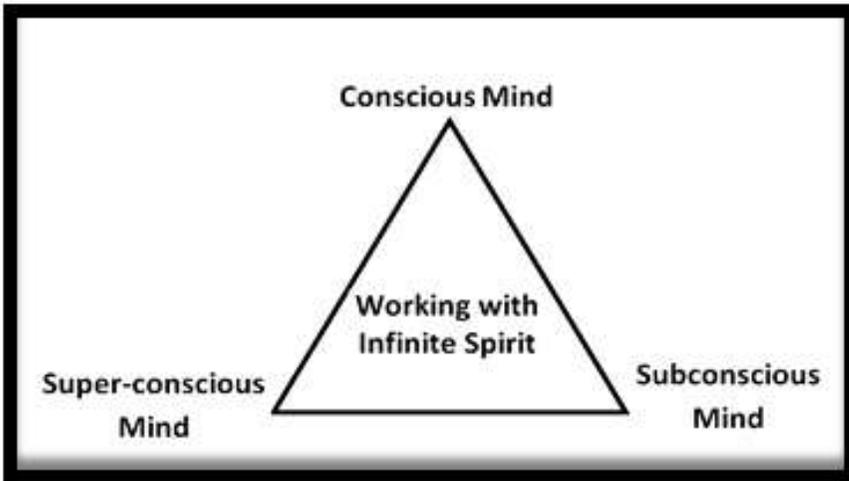
The super-conscious mind is known as the God Mind within and exists as the world of perfect ideas.

This mind has the perfect pattern described by Plato as "*The Divine Design*", because each one of us has our own unique Divine Design.

It is because of this that only you can fill a void that

***Those who limit another's potential reinforce collective suffering, living day by day, knowing neither joy nor passion***

no one else can fill. Only you have the ability to perfect a specific task that no one else can perfect as good as you can. Just as each star is different from one another and we are all made from the dust of many stars, no one person is alike, as no two people can entirely duplicate the exact same skill perfectly.



Within your super-conscious mind lies a flawless blueprint of who you're meant to be— an ideal so perfect it can feel beyond reach. Yet this vision, cast from the Spirit of Infinite Intelligence, is your genuine destiny. Too many people chase goals imposed by circumstance—economic shifts, family expectations, others' agendas— and then wonder why they meet only failure and discontent. The truth is that while external forces are beyond our control, our reaction to them is not. As new technologies and opportunities arise, we each hold the power to align

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with our true purpose, turning apparent obstacles into stepping-stones. Over time, more and more souls will awaken to the simple fact: choosing to respond with clarity and intention transforms life into a journey of fulfillment—not just for ourselves, but for the world at large.

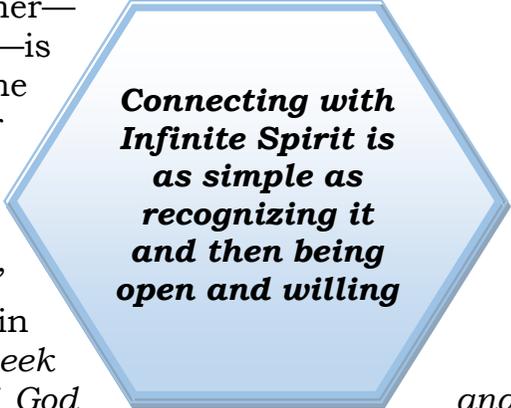
The same principle applies to love. A man or woman who learns to speak the language of God within takes charge of their own marriage destiny.

Your Divine partner—yours by right—is already present in the kingdom inside your heart.

Jesus reminded us that *“all things are possible with God”* and urged us in Matthew 6:33 to *“seek first the kingdom of God*

*and his righteousness, and all these things will be added to you.”* In other words, when you focus inwardly on gratitude, faith, and mutual respect, you proactively cultivate a loving union rather than passively hoping for it.

Equally, your words shape your world. As Jesus taught, you are both justified and condemned by your speech. Idle chatter and rumors breed the very calamities you fear, while gratitude and affirmations build the life you desire. Wealth plucked from luck or inheritance can vanish in an atmosphere of scarcity thinking, because your subconscious mind enforces the reality you feed it. Blaming the economy, your upbringing, or other people only entrenches disempowerment. True prosperity emerges the moment you take full responsibility—



***Connecting with  
Infinite Spirit is  
as simple as  
recognizing it  
and then being  
open and willing***

choosing gratitude over complaint, purpose over drift, and conscious response over unconscious reaction. In that choice lies the key to crafting either misery or success.

***Money is a metaphor for how much power you are willing to accept into your life***

Fortunately, the subconscious mind operates in both directions, so while external circumstances may create scarcity, your internal response can transform it into abundance. The economy, your upbringing, others' actions—these remain beyond your control, but your reaction is entirely your choice.

***The art of becoming a master takes place by slowing down. Every master was at one time a disaster.***

Consider your Solar Plexus: when external threats trigger fear, it physically contracts, releasing norepinephrine, accelerating your heart rate—a biological response you didn't choose. Yet remarkably, when you consciously choose empowering thoughts like courage and confidence, this same physical center expands, allowing energy to flow naturally. Your neurons—not just in your brain but also in your heart and gut—respond to the choices you make, not the circumstances you face.

When facing financial hardship, even down to your last dollar, you cannot control the external

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reality, but you can choose your response: bless what remains rather than curse what's lost. Like the biblical multiplication of loaves and fishes, your chosen perspective determines whether you see limitation or possibility. This principle applies whether you've lost five dollars or five thousand.

The external world will always present challenges, but by choosing to trust your instincts and intuition rather than external circumstances, you exercise the one power that is 100% yours: the freedom to determine how you respond to life's uncontrollable events.

The universe is always knocking on the door of our mind, attempting to show us the power contained within the Divine. Affirm the following words, ***“Infinite Spirit, you have opened the door to great abundance. I am now an irresistible magnet for everything that is mine by Divine right.”***

There is plenty to be gained by undergoing the journey of life. However if you wish to steer your destiny through positive experiences, it can only be truly realized through desire, faith or the spoken word. The



***Desire is possibility seeking perfect expression through function***

Universe always wants us to make the first move because it is seeking to live the experience as it happens through us. The importance of this is illustrated when Jesus stated, *“Ask, and it will be given to you; seek, and it will be found; knock, and it will be opened to you”* (Matthew 7:7).

Nothing is too huge an achievement for one who uses the power of his words wisely and follows his instincts. By using the power of the spoken word,

one summons unseen forces that helps him rebuild his body or reorganize his affairs to his liking.

Choosing the appropriate words is crucial, as the student learns to carefully select the right affirmation for the right outcome so as to propel his or her desire into the present.

There must exist a delicate balance between the spoken word and moments of contemplation and silence. Excessive talk reduces the concentration power of the mind because it draws attention to the outside world, compared to the wisdom of silent mind within. The alert person who speaks wisely is the one who has learned to balance silence with the power of the spoken word.

The student of life understands that God is the true source; that there is a supply for every demand and that it is through the power of the spoken word that acts as the catalyst for releasing the supply. "*Ask and keep on asking and it will be given to you*" (Matthew 7:7).

As love fills us flowing from Source, we feel the urge to serve others, and as we do so, relinquish control of our ego. Affirmations bring the mind to the point where we accept the gifts that were given to us from the Divine. Remember, God is the giver and the gift. Speak your affirmations with meaning and sincerity and then do nothing. Next you will begin receiving hunches from your intuition to be at a certain place at a certain time, pick up a specific book, visit a specific website, listen to a specific podcast or turn on the television or radio at a specific time.

Every want, spoken or unspoken, is a command unto itself and we are surprised when a request is unexpectedly granted so swiftly. Uncertainty and fear are the dark obstacles that stand between a

## The Abundance Pivot

person and their highest aspirations and heartfelt desires. Every desire becomes swiftly fulfilled when a person sets forth a clear intention without worry, lack, doubt or fear. When one's inner thoughts consist of lack, failure, loss or uncertainty, they are coming from the subconscious. These lower thought forms can be removed from one's subconscious simply by being aware of them; knowing they exist, even though they may be invisible to the naked eye. Once these blocks are cleared, your desire has no choice but to manifest your intention swiftly. For this is the Law of Clarity.

There is much to be gained from life's journey. The events you face—economic shifts, upbringing, others' actions—are beyond your control. Your true power lies in how you choose to respond. To steer your destiny toward positive outcomes, you must make the first move through desire, faith, and the spoken word.

The Universe, eager to experience itself through you, waits for that move. As Jesus taught, "*Ask, and it will be given to you; seek, and it will be found; knock, and it will be opened to you*" (Matthew 7:7). No goal is too great for anyone who uses words wisely and trusts their instincts. Each carefully chosen affirmation summons unseen forces that help you rebuild your circumstances or reorganize your affairs to your liking.

Choosing precise words matters: the right affirmation at the right time propels your desire into the present. Yet talk must be balanced with moments of contemplation and silence, for constant chatter scatters your focus outward instead of tapping into the quiet wisdom within. The truly alert person speaks with intention and knows when to listen in silence.

Remember that God—or Source— is the ultimate supply. Abundance exists for every need, but the power of the spoken word is the catalyst that releases it. “ *Ask and keep on asking, and it will be given to you*” (Matthew 7:7). As love flows from Source through you, you’re moved to serve others and relinquish ego’s false control.

Speak your affirmations with sincerity— and then do nothing. Step back, detach from the outcome, and allow intuition to guide you. You’ll begin receiving hunches: go to a certain place, open a specific book, visit a website, or tune in to a program at just the right moment.

Every desire, voiced or held within, acts as its own command— and you may be surprised at how swiftly your requests are answered. The only obstacles between you and your highest aspirations are uncertainty and fear—inner states you alone govern. When you set a clear intention free from lack, doubt, or worry, your subconscious aligns immediately, and your desire manifests without delay. This is the Law of Clarity. Acknowledge any block— be it fear, doubt, or scarcity—bring it into awareness, and watch as your intention unfolds with unstoppable speed.

**Affirm, "*I trust in the omnipotent God who provides for the fulfillment of his ideas. I am that Divine idea*".**

## The Abundance Pivot

***Failures always have an end destination.  
However lasting success is a continuing  
journey that never ends***

### **A Technique for Removing Negative or Destructive Thoughts**

The 3 main human faults are - I am not enough, I must meet my needs and wants, and I feel different from others (*hard to connect*). Most of our fears stem from these 3 basic faults.

The goal of life's journey is to perceive the truth in all things. This can be accomplished by impressing the subconscious mind with positive images and being aware of the type of thoughts that pass through it, and that seep deeply into it. Ultra marathon runner David Goggins, who has run eight 100 mile marathons, states that he repeats the phrase "*can't hurt me!*" when undesirable thoughts arise. To avoid negative subconscious programming, ask yourself "*Are these thoughts and emotions coming from my true self? from who I truly am?*" Affirm – "***My faith in God affirms my faith in all things that are good. I know my future is in the image and likeness of my habitual thinking***" or "***From this moment on my thoughts are on things that are true, lovely, honest and just. I am the Captain of my soul and the master of my fate.***"

It is important to dismiss undesirable thoughts as soon as they enter the conscious mind before it becomes like a weed and poisons one's thinking process. If this cannot be done, the below exercise works extremely well because it uses images and symbols, which are the language of the subconscious mind.

Scott Rauvers

1 - As soon as you think a negative thought, immediately freeze it by imagining the thought being sprayed with freezing liquid nitrogen. See the thought turning into single frame, frozen in time.

2 - Next imagine the frozen thought materializing on a blank canvas and use a paint brush to draw a sloppy black circle around the now frozen thought.

3 - See the black paint oozing down from the top of the circle covering the frozen thought.

4 - Next pick up another paintbrush and dip it in the color RED using your painter's pallet and paint a large "X" over the inside of the black circle.

5 - See the red paint merge with the black paint oozing down over the frozen image in the center of the circle.

6 - Now see yourself pulling a lighter out of your pocket and setting the canvas on fire.

7 - See the canvas burst into flame as the wet paint adds more fuel to the fire, totally consuming the negative thought.

8 - See the ashes of the burning canvas rise high into the sky, being carried aloft by the winds and out into the depths of space.

9 - Next silently repeat the words **Gratitude, Wisdom and Strength**, until you feel the thought has finally dissipated.

If the thought re-appears, than repeat the above process. Repeat the above exercise as many times as

## The Abundance Pivot

you feel comfortable. This exercise gives you confidence, knowing you have power over your conscious mind to overwrite outdated subconscious belief patterns.

*Strength is one of the highest qualities of beauty.*  
Affirm: **“From the strength that I am. From the beauty that I am.”**

### Removing Negative Destructive Thoughts #2

This process combines symbols with feeling.

1 – As soon as a negative thought(s) enters your mind, allow it its own space, don't pay it any attention. Just see it in its own space without judgment.

2 – Next imagine pure white light entering the space where the negative thoughts are at.

3 – Next imagine the unwanted destructive thoughts as being large lead weights that are chained to your ankles.

4 - Next imagine holding bolt cutters in your hands.

5 - From your first person point of view, seeing the images through the eyes of yourself, imagine yourself using the bolt cutters to cut thought the chains which are binding these undesirable thoughts.

6 – Next imagine the chains dropping to the ground in a tangled heap making a large "clunk" as they fall away.

7 - Next allow your body to feel an accelerated loss of weight as you feel yourself liberated from the emotional "*baggage*".

8 – Next silently repeat the following phrases in your mind "***Gratitude, Wisdom and Strength.***"

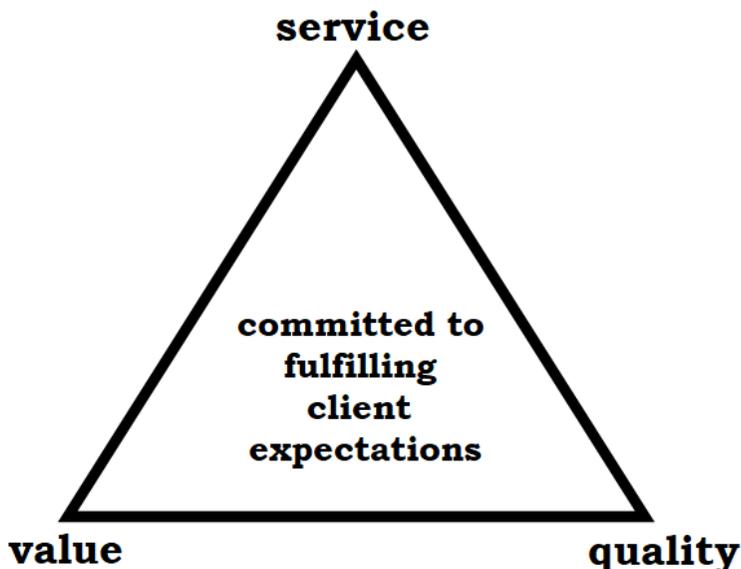
Repeat the above steps as many times as you feel comfortable until you can no longer recall the undesirable thoughts, emotions or feelings, knowing that proper practice will neutralize negative thoughts.

Another method that works well is to read or listen to spiritual material. Reading the bible is one example.

## **Dealing with Fear**

Fear of starting a new business is one of the most popular fears today because there are so many opportunities. The key is to apply balance to all areas of your business as soon as you begin operating. So how do you create balance? The secret is to begin by focusing on the end result, of bringing as much value and service as you can to people's lives. There is a difference in consciousness when you perform a service for someone and when you are performing acts of love. For example, do you feed your pet or clothe your child out of service, or is it performed as an act of love?

## The Abundance Pivot



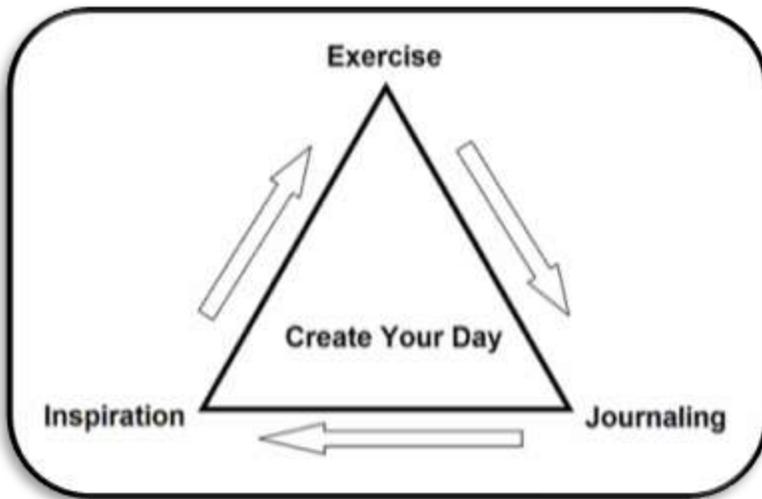
### Your Morning Hour of Power

Listen, before we dive deeper into these chapters, I need to share something game-changing with you—a morning routine that's transforming the lives of today's most successful entrepreneurs. Here's the truth: when you first start this "hour of power," some days you'll crush the physical part but struggle with journaling. Other days, your affirmations will flow while your workout feels like a slog. That's normal. Don't quit on day 4 because you're not seeing results. Success isn't built overnight—it's forged through daily, consistent action.

Here's how it works: Wake up one hour earlier. Make the commitment to yourself that this is non-

negotiable. Spend the first 30 minutes moving your body—walk the beach, run the neighborhood, hit the gym—whatever gets your blood pumping. Then take 10 minutes to write in your journal. Pour out gratitude, affirm your vision, clarify your intentions. Use the final 20 minutes to feed your mind with inspiring content—books, podcasts, or videos that elevate your thinking.

The exact minutes don't matter as much as the ritual itself. Most people start with exercise because it ignites everything else. Commit to this hour of power while working through these chapters, and watch how your entire life shifts into higher gear. Remember: Live each morning as if you're designing the life you've always wanted—because you are.



Thomas C. Corley spent five years studying the habits of millionaires, and discovered that the majority of them practiced a series of simple daily habits. These habits were reading, exercising,

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sleeping at least seven hours a night and taking time out to think or brainstorm. Reading was one of the most popular habits that was common among all of the millionaires.

*You will find that by even just watching 20 minutes of a Law of Attraction movie or reading a few pages of Law of Attraction books, that your powers of manifestation will become stronger.*

Did you know that about 40 percent of your daily habits are repeated day after day?. It was Harvard psychologist William James who stated in 1890 in his Principles of Psychology “*that by the age of thirty a man’s character has set like plaster and can never soften again*” (21a) (21b).

***I believe my desires have already happened and are already on their way to me right now at this very moment!***

### Summary

Reprogramming beliefs is simple. It is just a matter of becoming aware of the thoughts that enter your conscious mind and whether or not you choose to accept them as true. Making this simple decision will cause the subconscious mind to eventually turn it into a belief.

New beliefs can be created by forming new habits, which can be done by repeating affirmations and removing past childhood beliefs. The majority of these beliefs are formed between ages 1 and

seven.

## **Common Manifestation Blocks**

- Not following your purpose.
- Medium to long term goals are not based upon your purpose.
- Improper Timing. Affirm: "***I am always in the right place at the right time***"
- Lack of Patience. Good things take time to manifest.
- Lack of self development or not enough emotional growth or maturity.
- Lack of proper Research, Knowledge or education related to the goal or objective.
- Not identifying erroneous beliefs

According to a study published in 2009 in the European Journal of Social Psychology, the average person who wants to develop a new habit or routine must practice it for between 18 and 254 consecutive days before it automatically becomes an unconscious part of their daily routine (22).

## **The Mind and the Immune System: Taking Control**

While we cannot control which pathogens we encounter in our environment, we can control our body's response to them. Consider Wim Hof, the "Ice Man," who deliberately chose to be injected with E. coli bacteria— a circumstance that would make most people severely ill. Rather than surrendering to

## **The Abundance Pivot**

this external threat, Hof demonstrated remarkable personal agency through specific breathing techniques and focused mental concentration. The researchers observed that through his deliberate choices and practices, Hof successfully regulated his immune and sympathetic nervous systems, preventing illness that would typically follow such exposure.

This power of choice extends beyond Hof himself. The researchers confirmed that anyone can learn these techniques through short-term training—meaning each of us holds the key to similar biological mastery. The physiological changes were dramatic: increased epinephrine release, enhanced anti-inflammatory mediators, reduced inflammatory cytokine response, decreased arterial carbon dioxide, and elevated pH levels reaching 7.75.

I believe these findings reveal a profound truth: while we cannot control the toxins we encounter, we have complete authority over our response. Through conscious breathing and mental focus—tools available to everyone—we can shift our internal environment from acidic to alkaline, enhance cellular electrical activity, and improve toxin elimination. This isn't just about physical health; it's a metaphor for life itself. External circumstances may be beyond our control, but our reactions to them—and the subsequent outcomes—remain entirely within our power.

***These 3 things stop you from experiencing your true potential: Revenge, Resentment and Regret***

*One example of the Wim Hof Breathing Exercise is as follows:*

- 1) Inhale strongly through the nose.
- 2) Next release your breath as a relaxed exhalation out through the mouth.
- 3) Repeat this for 30 cycles.
- 4) After breath 30, exhale your lungs to 90 percent capacity.
- 5) Next hold in your breath for as long as you are comfortably able to, and then gently exhale completely.
- 6) When you feel the urge to take another breath, breathe in 100% completely and then hold this next breath for 15 seconds before exhaling.

The above steps are repeated for a maximum of three consecutive rounds.

### **The Power of Belief: Choosing Your Response**

A revealing study of 48 healthy adults demonstrated how our chosen mindset transforms physical reality. Participants all completed identical 10-week exercise programs, but those who were simply told the regimen would improve their psychological well-being

## The Abundance Pivot

experienced measurably higher aerobic capacity (VO<sub>2</sub>max), enhanced self-esteem, and greater overall psychological benefits than the control group (25). The difference wasn't in their circumstances—both groups performed exactly the same exercises—but in how they chose to perceive their experience.

This pattern of personal agency extends to our neurological responses. Brain scans reveal that when patients decide to believe in a treatment, their prefrontal cortex—the command center for attention and memory—activates differently (26). Similarly, individuals who willingly surrender to hypnotic suggestion show decreased prefrontal activity (27), demonstrating our remarkable ability to consciously redirect our brain's operations.

While external factors like physical activity levels or treatment types matter, the research consistently shows that your chosen response to these circumstances determines your outcome. Johns Hopkins studies confirm this principle extends even to spiritual practices: individuals who commit to belief systems experience measurable health benefits (27), with devoted practitioners outliving skeptics (28)(29)(30)(31). The external circumstance—the religious practice—is less important than the individual's decision to fully engage with it.

This evidence reveals an extraordinary truth: while we cannot control most external circumstances, we possess complete authority over our internal responses. By consciously directing our beliefs and expectations, we transform our physical reality. When we choose to correct limiting beliefs, our bodies

respond accordingly. The miracle isn't in the placebo—it's in your decision to believe.

## **Tabata**

If you want a method of exercising that does not involve hours of physical activity, than Tabata may be right for you. A research study concluded that practicing Tabata improves cardio-respiratory fitness in people who can't meet physical activity guidelines. The study found that it was also of benefit for improving muscular endurance.

Tabata is composed of 20 seconds of high intensity exercise, followed by 10 seconds of rest (*or slow down or stop completely*). This high intensity cycle is repeated eight times for a total duration of four minutes.

Now in the upcoming chapters let's explore various techniques for becoming a master at manifesting by experiencing expanded awareness, truth and how it affects our soul. Let's now learn how to break out of all of the old negative records permanently etched upon our subconscious minds, the records of our life that we don't want to keep, and replace them with fresh lovely notes and rich joyful melodies!!.

*Now let's learn how to become a master at manifestation, NOT a master of disaster!!*

# The Abundance Pivot

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According to  $E=mc^2$ , energy within a certain amount of mass is the mass (in kilograms) X the speed of light squared =  $kg \cdot m/s^2$ , or Newtons. Hence the average human (70 Kg or 155 lbs) has 6,300,000,000,000,000,000 ( $6.3^{18}$ ) Joules of energy, or 1506 Mega Tons of Force. A standard Hydrogen Bomb has approximately 100 Mega tons of force (or 41839999999995260 Joules); so the human body contains between 10 and 15 times the amount of energy of a hydrogen bomb. The only way to convert this energy in the human body to energy is by cold fusion. *Further Reading* - Nuclear fusion enhances cancer cell killing efficacy in a protontherapy model. GAP Cirrone et al. Jan 2017.

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## **Chapter 2**

### ***KNOW that Abundance is YOURS by Divine Right***

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Job 22:25 reminds us: "The Almighty himself will be your treasure. He will be your precious silver!" While external forces—recessions, layoffs, family troubles—may buffet us like storms, we alone choose our response to these winds. When Sarah lost her job last year, she could have surrendered to despair. Instead, she affirmed daily: "I am capable and resourceful." Within weeks, she launched a consulting business that now outearns her former salary. Science confirms this power of choice: Cascio's 2015 brain imaging research showed self-affirmations activate our prefrontal cortex—the very region governing decision-making and behavior. Similarly, Oman's 2020 study demonstrated how mantram repetition reduced stress and depression while enhancing life quality. The economy may fluctuate wildly, but your internal economy—your thoughts, words, and beliefs—remains entirely within your control. Your current financial situation isn't your sentence; it's merely your starting point.

***"Truly I tell you, if anyone says to this mountain, Go, throw yourself into the sea, and does not doubt in their heart but believes that what they say will happen, it will be done for them" (Mark 11:23)***

Affirm, "***I now express gratitude for having received substantial sums of money with grace in the appropriate manner and at the appropriate time.***" If after repeating this for 15 minutes a day for 21 days and the increase of money into your life does not appear, repeat the next phrase, "*I give utmost thanks that I am receiving large sums of money at the right time and in the right way. I act in perfect faith*".

Over this coffee, here's the bottom line: any affirmation succeeds only when you fully believe it's real and understand it unfolds first on the invisible plane before it trickles down into your everyday life.

Show your faith by indulging yourself—order that expensive lunch or buy the item that reinforces your trust in unlimited abundance. Invest in your belief without a shred of fear, doubt, or worry about running out of money. Behave as if your financial windfall has already landed. When you know a big sum or a crucial deal is imminent, you need that surge of expectation to unlock the flow of limitless supply.

Picture this: you feel a strong urge for a fur-lined overcoat but see just enough funds to cover it. Your rational mind protests, but your gut has the real data. Stop second-guessing. The universe responds to the intensity of your feelings. That deep gratitude you'll feel sliding into a warm, luxurious coat accelerates the arrival of the money you expect. Investing in yourself always pays off when your motive is pure.

Banks issue credit cards and checks because they have unwavering faith in your ability to repay. Writing a check is your personal declaration of confidence in the circulation of money through the banking system. The law—and reality—stand firmly

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on the side of those who spend boldly and wisely. If you ignore your inner hunch to act at exactly the right moment, you guarantee that same amount will disappear under far worse circumstances.

And never forget: about 95 percent of the physical universe remains hidden as dark matter. Your beliefs live in that unseen realm first—only afterward do they materialize in your world. So stop making excuses. Act now, trust your instincts, and watch as the invisible becomes tangible.

### **Luck is Preparation Encountering Opportunity**

Luck erupts the moment relentless preparation collides with a crackling opportunity. But how fiercely you seize that lightning bolt is entirely up to you. When you pray with unwavering conviction, the universe molds itself around your belief—every word you speak in faith sets your desire into motion. Act as though your gift has already landed in your hands. Feel the Divine shield envelop you, knowing God’s timing is flawless and never tardy.

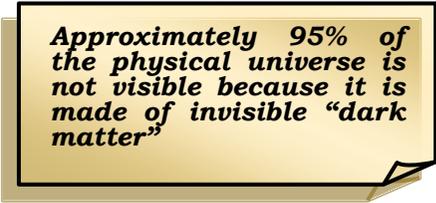
To catapult money into your reality, proclaim with fiery certainty: “Spirit is never too late. I give thanks—I have received funds on the invisible planes, and they manifest right on time!”

Forge an unbreakable habit of trusting the Law of Good. Speak boldly, for your affirmations pierce the cosmos. Beware the trap of wishing for triumph while secretly bracing for defeat—focus on the lack, and you’ll harvest precisely that void. Instead, visualize yourself erasing debts with an exultant laugh, anchored in the Divine blueprint of abundance that is your birthright.

Remember the blistering tale in 2 Kings 3:9–10: three kings and their parched army—horses

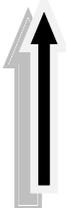
collapsing under seven days of drought—stood before the prophet Elisha. He thundered, “No wind, no rain, yet carve this valley into trenches!” Soldiers dug furiously, and suddenly the heavens buckled open in a torrential downpour. The ditches didn’t summon the rain—God did. They existed solely to catch every drop the moment it fell.

When your dreams seem cloaked in silence, dig your ditches regardless. The Ego blinds us to constant miracles—gratitude’s glow, joy’s electric pulse, the symphony of unfolding nature. Suppose you’re on the brink of moving and crave a safe, perfect sanctuary. Declare, “Infinite Spirit, unveil a home attuned to my highest good.” Then back it with bold action: buy new blankets, a blank key, gleaming silverware—metal items that vibrate with potent energy. You’re carving trenches of faith. Live as though you already inhabit that flawless space. Tune your frequency to its resonance. The universe will reward your audacity with an avalanche of blessings.



*Approximately 95% of the physical universe is not visible because it is made of invisible “dark matter”*

***The wise man does not coerce events into a replica of his desires, but instead strives for a higher consciousness that enables him to perceive the secret cause that governs all things***

| <b>Manifestation through Emotion and Frequency</b> |  |  |
|--|--|--|
| <b>FRQUENCIES</b>                                  | <b>EMOTIONS</b>  | <b>RESULTS</b>   |
| <b>HIGHEST FREQUENCY</b>                           | <b>Ineffable – Enlightened Accessing Higher Self</b>           | <i>RAPID MANIFESTATION OF INTENTIONS</i>   |
| GROWING FREQUENCY                                  | <b>Bliss – Peace<br/>Serenity – Joy</b>                        | <i>CREATIVE</i>  |
| INCREASING FREQUENCY                               | <b>Laughter</b>  | <i>Increasing frequency</i><br>   |
|  | <b>MY TRUE SELF<br/>Love – Reference</b>                       |  |
|  | <b>Understanding – Reason</b>                                  |  |
|  | <b>Forgiveness (including self)<br/>Optimism – Willingness</b> |  |
|  | <b>Trust – Neutrality</b>                                      |  |
| <b>LOW FREQUENCY</b>                               | <b>Courage - Affirmation</b>                                   | <b>LIBERATION</b>  |
|  | <b>Scorn – Pride</b>   | <b>FRUSTRATION</b>   |
|  | <b>Arrogance<br/>DOMINATING EGO</b>                            | <i>Decreasing frequency</i><br> |
| LOWER FREQUENCY                                    | <b>Erroneous beliefs<br/>Hate – Anger</b>                      |  |
|  | <b>Cravings – Judgment</b>                                     |  |
| <b>LOWEST FREQUENCY</b>                            | <b>Anxiety – Fear<br/>Regret – Grief</b>                       |  |
|  | <b>Blame – Guilt</b>   | <i>DESTRUCTIVE -</i>   |
|  | <b>Despair – Apathy</b>  | <i>LITTLE TO NO MANIFESTATION OF INTENTIONS</i>  |
|  | <b>Toxic Shame<br/>Humiliation</b>                             |  |

***All commercial transactions, no matter how big or small are the result of an exchange of considerate energy. This is why any debt paid should be put forth with good intentions.***

While external forces like market fluctuations may affect your investments, purchasing metal items for your home puts control back in your hands—your focused intention can literally reshape them, just as spoon benders demonstrate. Similarly, hypnosis studies show that merely suggesting a hot poker causes physical skin changes; the subject's belief, not the nonexistent poker, creates this reality. When negative circumstances trigger shame or humiliation, you alone choose whether to remain there or affirm: "I am worthy, deserving and enough." Your conscious decision to embrace self-worth immediately transforms your vibrational frequency. Remember that guilt doesn't happen to you—you create it, and you can uncreate it by choosing to accept the abundance that has always been available to you.

### ***Vibration precedes manifestation***

Your consciousness VIOLENTLY OSCILLATES between NEGATIVE and POSITIVE polarities throughout the day, LOCKING onto whichever force DOMINATES your belief system! These twin polarities don't merely coexist—they BATTLE for control of your reality! As humans age, their motivation doesn't just decrease—it COLLAPSES, CRUSHING them under financial limitations after

## The Abundance Pivot

60! The VIBRANT ENERGY that once SURGED through their younger bodies—that UNSTOPPABLE FORCE of abundance—DETERIORATES into a pathetic vibration of SCARCITY and RESTRICTION! BUT THIS FATE CAN BE REVERSED through MASTERY of the RIGHT PRINCIPLES! To access the HIGHEST FREQUENCIES of consciousness, you must CONFRONT and TRANSMUTE the lower vibrations that IMPRISON you!

Besides the EFT technique, one method is to recite the phrase - "***I admit to my mistakes and failures and have a sense of humor about my defects. I give myself permission to be who I truly am***". You will discover that just by repeating this simple phrase to yourself a few times that you will feel a shift in your frequency towards the upper layers of the chart. This is why feeling good while saying an affirmation causes a quantum jump in success because feelings of well being are some of the highest frequencies.

Listen, manifestation isn't about cranking up the volume or forcing outcomes— it's about tuning into the right frequency. Subtle shifts deliver the most powerful changes, not brute force.

High frequencies amplify whatever you're feeling. Ever notice how animals in the forest zero in on your fear? Your high-frequency surroundings simply broadcast that fear straight back at you. Stop letting low-vibe emotions loose in high-frequency environments—they'll latch on and show up in your reality.

That's exactly why sunny coastal regions—loaded with natural high frequencies—see higher suicide rates. When you're depressed in an environment buzzing with joy, your low vibration gets magnified.

No more excuses: if you're stuck in despair where happiness is everywhere, you're amplifying your own pain.

Julia L. Wright's *Laughter and Essential Oils* dives into Orison Swett Marden's playbook: positive mindsets, laughter and essential oils to spark a genuinely cheerful life. Use these tools to clear subconscious blocks and dial you up into emotions like Joy, Enlightenment, Peace, Love and Reason.

Self-forgiveness is your shortcut to higher frequencies. Refusing to forgive keeps you anchored in anger, resentment and disappointment—low vibrations that slow every win down to a crawl. You're worth more than a past mistake holding you back. Stop letting old grudges sabotage your future. You accept gravity without question and know the sun will rise. The same universal laws govern your thoughts, feelings and will. Will, imagination and emotion obey these laws just as surely as physical forces. That's common sense—so apply it.

Divine Intelligence flows through everything; it's electrical in nature, and you share a partnership with it. Use your free will to align with this infinite mind. Picture yourself strong, successful, radiant and alive. Faith plus patience becomes your internal GPS, guiding you to exactly what you envision.

Science proves forgiveness relieves depression—the low-frequency states of Grief and Apathy. Forgiveness instantly raises your vibration, speeding up how fast your goals materialize. Your body hums billions of times each second. Choose higher frequencies, claim your authentic power and watch everything you want unfold.

## The Abundance Pivot

### Using Choice to enter the Right Parallel Universe

Quantum Physicist David Deutsch at the University of Oxford stated that in the many-worlds interpretation, that when you make one choice, other choices also happen (1a). This simply means that every decision you make right now is creating new universes: one for each and every choice you can possibly make. That means there exists a boundless collection of parallel worlds that exist as near-copies of you. It also means that in one universe you are rich, in another a movie star. And because the Universe is composed of opposites, you are also poor, homeless and yes even dead. But it all depends upon the conscious choices you make that makes all the difference.

**Don't just forgive him or her, forgive to become liberated yourself!!**

***Effective forgiveness is when you  
can feel the emotion until it no  
longer wants to be felt***

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On page 31 of *The Formula for Miracles*, Brent Phillips describes how he, his mother, his son, and many of his clients experienced tumors literally vaporize the moment they removed their own negative blockages. They achieved this by shifting into a Theta brainwave state—research already shows that prayer enhances Theta activity—thereby raising the frequency of their “energy body.” Classical Newtonian physics would argue that a tumor present on Monday must still be there on Tuesday unless physically removed. Quantum physics, however, reminds us that reality exists as

pure potential until we observe or “choose” an outcome. By applying therapy that targets subconscious beliefs, individuals can consciously draw a completely new experience—right down to spontaneous, doctor-free healing.

Brent’s approach was simple but radical: enter Theta, visualize the body restored, and issue clear subconscious commands. He made a deliberate, “quantum” choice that his mother’s body would rebuild itself cancer-free—and it did. He repeated the process on himself: after clearing his own old programming in therapy, he joined with a healer in Theta visualization and chose, in the next instant, for his paralyzed arm to regenerate. No surgeon, no drug, no external intervention succeeded where his own focused intent did.

***Spirit always assists, but cannot micro-manage all of life’s problems***

Behind every one of us sits a subconscious “software” that runs our default responses. We can’t control external forces—our genes, upbringing, the economy, other people’s actions—but we have total authority over how we react. By deleting outdated belief-programs and installing empowering new ones, we equip our bodies and minds to heal from moment to moment. In the end, whether we craft misery or success is entirely up to us.

This is why prayer does not work sometimes because the person has lost their connection to Divine Energy. Prayers are answered only when the subconscious mind has a clear mental picture or thought that is emotionally charged. Hence successful prayers are the result of a harmonious interaction occurring between the conscious, subconscious and super-conscious minds. When

## **The Abundance Pivot**

learning to manifest effectively, negativity and subconscious blocks start to become amplified as newer energy begins emerging to overwrite the old programming. Hence, if your subconscious programming is not clear, you will likely begin manifesting even nastier, bigger and messier challenges in your future.

***Challenges are overcome by embracing them so you outgrow them***

Theta isn't just accessible—it's waiting to be seized through hypnosis, self-hypnosis, the pulsing vibrations of binaural beats, the surrender of deep meditation, the electric touch of energy healing, the primal thunder of shamanic drumming, the crystalline power of sacred stone arrangements, the ecstatic release of dance, or the vibrational force of chanting. Takahashi's groundbreaking 2020 research PROVED that prayer and meditation DRAMATICALLY spike theta brainwaves . Beyond theta, radical self-forgiveness TRANSFORMS your subconscious programming. When you DEMAND the best—upgrading to premium gym access or commanding a first- class seat— you're not just spending money; you're SHOUTING to the universe that you're CLAIMING the unstoppable momentum of success that is your BIRTHRIGHT.

***I live in the joyous expectancy of the best and invariably the best returns to me***

The real power lies in mastering your internal world—your beliefs, emotions, and responses—before expecting change outside. You can't command the economy, rewrite your upbringing, or bend others to your will, but you have unassailable authority over how you react. Clear away self-limiting convictions first, and then watch the outer circumstances reshape themselves in response.

Albert Einstein put it this way: there are two ways to live—either assume everything is a miracle, or believe everything you encounter is powered by miraculous forces. That distinction isn't semantics: it's a deliberate choice of perspective. Whenever your subconscious churns up doubt, fear, or anxiety—often right before a breakthrough—that's proof you're challenging an old belief. Let those fragments burn away: it's the necessary clearing for fresh growth.

In those darker moments, refocus your will. Reaffirm what's true, celebrate every small victory, and express gratitude as if your goal is already fulfilled. After all, your vision—whether perfect health, a thriving relationship, financial freedom, or creative expression—exists first in thought. Only what you consciously acknowledge can manifest in form.

All great achievements begin with unwavering faith in the end result. Yes, you may feel discouraged just before success arrives, but you choose whether those feelings become chains or catalysts. Hold your vision firmly, pour gratitude into the process, and watch reality align behind your conviction.

As the Gospel teaches, ***“Look up and see the fields are already ripe for harvest.”*** Peer beneath the surface of circumstances to the dimension of

## **The Abundance Pivot**

possibility. Success isn't a destination but a journey of commanding outcomes to appear through you rather than happen to you.

When financial worries or legal battles loom, anchor yourself in higher purpose. Speak words such as, "Infinite intelligence, bring swift divine order to this matter." You'll find that shifting your focus from the problem to the solution accelerates resolution. And when two minds unify in clear, positive intent, mountains move.

Remember Florence Scovel Shinn's words: "No one fails who knows they cannot fail." External conditions may be unpredictable, but your reaction is always within your grasp. Choose belief over fear, action over resignation, and personal agency will transform any circumstance into a stepping stone toward success.

### **Review of Chapter 2**

One must be prepared for the thing they have requested, especially when there isn't even a sign of it starting to manifest in one's life. The Bible's book of Kings advises us to dig ditches. To you, what does this imply? Tormenting thoughts frequently precede a positive life-changing event that is just about to happen. Have you ever had to deal with terrible thoughts? Can you reinterpret them as a precursor to something good about to take place?

The Universe is your source of provision and there is always more than enough to meet all your requirements. Have you ever considered that something other than God, life, your job, a family member or a monthly payment was the source of all

your good? Can you understand now that those are only the conduits of your supply and not the source?

***The longer a desired thought is held in an environment surrounded by high vibrations, the faster its manifestation in the outer world***

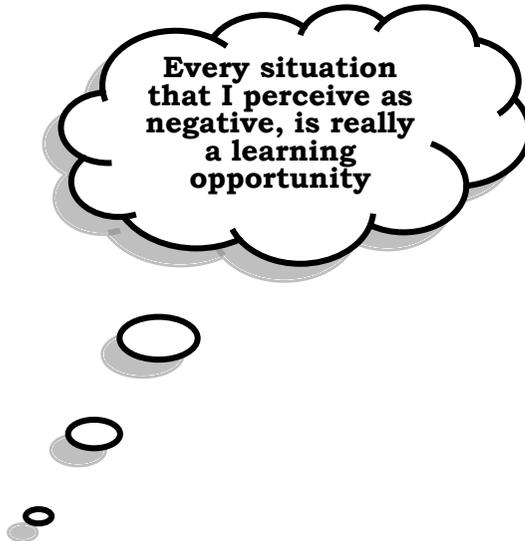
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## Chapter 3

### *Demonstrating the Power of the Spoken Word*

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***“Thy words will justify you, and thy words will condemn you”*** (Matthew 12:36).

Listen, the moment you grasp that every word you speak carries real vibratory force, you’ll guard your tongue. Watch how people react when you talk—that reaction proves your words never land in empty space. You’re constantly writing the rules of your life with your speech. Whatever you say activates the Law of Attraction, drawing to you exactly what you focus on.

Think about it: people who complain about illness all the time actually summon sickness. Emergency doctors, for example, average a lifespan of just 58.7 years. That’s no coincidence. If you don’t want your words to boomerang back, quit the idle gossip and stop talking about what you don’t want. Instead, talk about what you do want. An ancient maxim states: “Use your words only to heal, to bless, and to prosper.” Hold yourself to that.

What you say about others returns to you. Wishing someone bad luck guarantees it heads your way; cheering someone on charges your own success. When you stop spewing negativity and let it go, you clear space for the real, positive outcomes you seek.

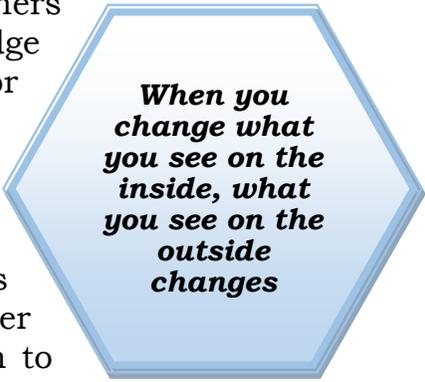
Words can build you up or tear you down. When you criticize others behind their backs, you

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unconsciously invoke the Law of Return and invite disaster into your own life. It's like drinking champagne by the bottle—you'll pay the price later. Dwell on someone's flaws long enough, and those flaws become woven into your spirit, eventually showing up as illness. If you fixate on faults, you'll start to embody them. That's not opinion; that's Universal Law.

Now flip the script. Use your vocal power plus a clear, unshakeable vision, and you can rejuvenate your body and banish disease from your consciousness.

Science backs this up. Take self-referencing: in a July 2015 study, researchers found that when people judge adjectives—like “brilliant” or “shy”—based on whether those words describe themselves, they build richer memories. Both young and older adults remember details far better when they link information to their own self-image.



***When you  
change what  
you see on the  
inside, what  
you see on the  
outside  
changes***

Or consider a January 2017 study of 4,735 Americans over 50. Those with positive self-perceptions of aging went to the hospital far less often. Self-perception is simply the picture you hold of who you are—your traits and your self-esteem. If you see yourself growing stronger and healthier, your life reflects that view.

Every disease has a mental counterpart. To heal your body at its deepest level, start with the soul—your subconscious mind. Purge toxic thoughts, beliefs, and habits. Psalm 23:3 says, “**He restoreth my soul.**” In plain terms, you must fill your

subconscious with uplifting, truth-based concepts from your higher mind. When you align your subconscious with those ideal, super-conscious truths, you reclaim the divine power you were born with—dominion over your mind, body, affairs, and soul.

Stop making excuses. Begin speaking only the words that heal, bless, and prosper. Watch your life transform!

All sickness and misery stem from a violation of the vibration of the Law of Love. Love one another and all obstacles shall eventually be overcome. You may have heard of the story of the sick man who had a terminal illness. Desperate he spent his last remaining days standing in front of the entrance to the New York Stock Exchange, wishing all those who entered the building a good day. When he returned to the doctor, the doctor was amazed his incurable illness was completely gone.

THIS IS UNIVERSAL LAW. Disease VANISHES when you PURGE the soul of festering bitterness and toxic resentment through the TRANSFORMATIVE POWER of forgiveness and ABSOLUTE MASTERY of your awareness. An emotional RELEASE—a PURIFICATION—becomes ESSENTIAL. Find yourself ALONE, in sacred solitude, and CRY OUT: "Oh, God! DELIVER ME from this hatred! Let me FORGE PEACE with this person who has wounded me!" This desperate plea FORCES poisonous emotions to ERUPT to the surface where they are OBLITERATED forever. Healing ERUPTS because you have SUMMONED love into the void of hatred, FULFILLING the cosmic law that DEMANDS order. The disease—born from the VENOM of suppressed resentment lurking in your subconscious— has NO CHOICE but to be

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COMPLETELY ANNIHILATED. I COMMAND anyone who HUNGERS for success: SEIZE God as your partner and you will witness EARTH-SHATTERING miracles!

A SHOCKING 2013 research study titled Emotion Suppression and Mortality Risk Over a 12-Year Follow-up REVEALED that suppressing emotions may DRAMATICALLY increase the risk of PREMATURE DEATH, including AGONIZING death from cancer.

EVERY SINGLE ailment ORIGINATES from a TURBULENT, CHAOTIC state of mind. Relentless criticism of others TRIGGERS rheumatism to RAVAGE your joints because these TOXIC, DISHARMONIOUS thoughts FORCE abnormal blood deposits to CRYSTALLIZE in your joints. Resentment BREEDS cancer like a VIRULENT infection, while rage ERUPTS as skin cancer. Wrath and other DESTRUCTIVE emotions are the TRUE CULPRITS behind COUNTLESS health catastrophes—including ones medicine hasn't even DISCOVERED yet! We must STOP asking what's wrong with our health and START DEMANDING: "**What's FESTERING INSIDE of me?**"

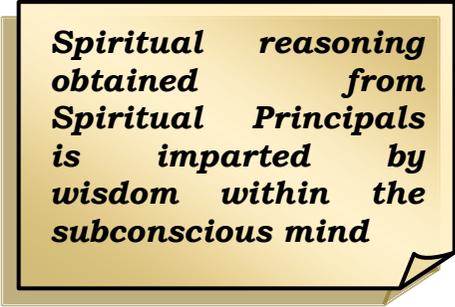
You can ONLY transform the external physical world when your inner world UNDERGOES RADICAL METAMORPHOSIS. The MOST POWERFUL way

Affirm, "***I behold the strength and beauty that lies in-between the space of all things.***"

I've seen firsthand how holding onto resentment can manifest in our bodies— it's one of the most overlooked contributors to chronic conditions, from cardiovascular issues to vision problems. When we

carry unforgiveness, our minds and bodies struggle to maintain balance.

Let me share what research has taught us: Studies show that when we practice forgiveness, depression often lifts, creating space for physical healing to begin. I've worked with patients whose recovery timelines dramatically improved once they addressed their emotional health. For those living with diabetes, this emotional component is particularly crucial—depression can increase amputation risk by 33%.



***Spiritual reasoning  
obtained from  
Spiritual Principles  
is imparted by  
wisdom within the  
subconscious mind***

The connection between our emotional and physical health isn't just anecdotal anymore. In 2000, researchers led by S.P. Thomas confirmed what many of us in healing professions have long observed: harboured anger doesn't just hurt relationships—it creates fertile ground for disease progression.

This was further validated in a 1993 study with 165 cancer patients, where E.J. Taylor's team documented how anger accelerated illness while deepening depression.

I encourage you to think of emotional boundaries as a form of self-care. When someone attempts to provoke you, remember that maintaining your peace isn't weakness—it's reclaiming your power and protecting your wellbeing in the most fundamental way.

You may recall someone turning pale after a bite of shellfish, while you devoured the same plate and

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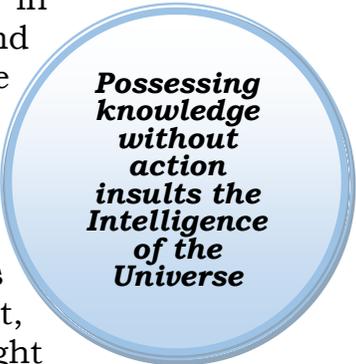
felt fine. It wasn't the shrimp but the mind's secret verdict—the nocebo effect at work—where believing harm awaits is enough to summon the malady. Physical imbalance simply mirrors mental discord. As                      within,                      so                      without.

### Your body mirrors your mind

As we orbit toward a higher octave of Divine Love, the final fortress to fall is the ego. Christ proclaimed “peace on Earth, good will toward men,” yet personality clings like stubborn ivy. Look to the forest: each tree's DNA carries its own silent wisdom, shaping leaves, blossoms, and soaring heights. Could this blueprint of life hold a seed of consciousness, steering the next generation to thrive? Nature's harmony echoes a cosmic law.

### Divine Love conquers ego.

True enlightenment shines in how we treat both friend and foe. Picture a sales floor where a rival touts a “better” machine—and your heart skips with doubt. The cure? Banish fear and trust that Divine Order choreographs every detail. The right product, the right person, the right moment, the right messenger—always in perfect alignment. Harbor no dark thought against your competition; instead, shower them with blessings. Doors                      will                      open.



***Possessing  
knowledge  
without  
action  
insults the  
Intelligence  
of the  
Universe***

## **Bless your rivals and fear dissolves.**

Sincere goodwill weaves a shield no weapon can breach and neutralizes every hostile intent. When you “love your enemies, bless those who curse you, do good to those who hate you, and pray for those who persecute you” (Matthew 5:44), no adversary remains. Peace on Earth springs from a heart set free by love. Intentional goodwill is invincible.



***Whether  
you believe  
you can or  
can't you  
are right***

## **Little known Secrets that eliminate Bad Luck**

*It is your Father's joy to bestow the kingdom upon you” (Luke 12:32).*

Let's get real about those lucky charms. That rabbit's foot on your keychain? The horseshoe above your door? They have zero actual power. What works is your belief—your words and expectations program your subconscious to spot opportunities you'd otherwise miss. And yes, this works... until it doesn't. Here's the truth: as you grow spiritually, as you start serving others instead of just chasing luck, those trinkets lose their juice. Two power sources start fighting for control.

I know two business partners who crushed it when they first opened shop. Money flowing, clients calling—everything golden. Then suddenly? Total disaster. Their mistake wasn't failing to make

## The Abundance Pivot

affirmations. Their mistake was buying those "fortune monkeys" and putting their faith in plastic instead of Providence. Their spiritual mentor told them straight: *"You can't serve two masters. The Divine never runs out of power, but those monkeys sure will."*

So what did they do? Tossed those monkeys down a coalhole. Business immediately bounced back. I'm not saying throw out your lucky penny. I'm saying know this: borrowed power gets revoked. Two power symbols can't occupy the same spiritual space—one will always cancel out the other. That's not philosophy. That's spiritual physics.

*If you constantly stay ready for the right opportunity, there is no need to be ready.*

Understand that there is only one true source of everlasting Divine Power and that an object that may feel lucky to one person may at first create a sense of anticipation during the early stages of a venture. Indeed, some fortunate charms can aid in the instillation of confidence and fearlessness in one's mind. However, lasting luck comes from real solid faith, which ultimately flows forth from the Divine. This in turn generates hope. Affirm, *"I give thanks in advance for this wonderful, beautiful day."*

***The average business has a 30 percent chance of succeeding after 10 years. The business that does succeed, has the right information, knowledge and emotional growth***

When your ideas crash and burn—and they will—the searing pain of disappointment can either destroy you or forge you into something stronger. Choose to fall forward through the flames. Let disappointment scorch away your weaknesses and illuminate your path. Your subconscious mind is already rewiring itself in the darkness, transforming today's agony into tomorrow's ecstasy. Declare with absolute conviction: "Because there is only one true God, disappointment is IMPOSSIBLE!"

This mental alchemy will sharpen your vision to detect gold where others see only dirt, magnetizing extraordinary luck toward you. Tonight, before sleep claims you, write down ONE MOMENT of brilliance from your day. Do this for seven nights straight, and watch as luck doesn't just find you—it HUNTS you down.

*Every learning experience assists in the growth and expansion of the universe*

## **What is the Law of Nonresistance?**

The success power within each and every one of us becomes activated by not trying to make things happen by exterior effort. This is because all changes in the outside world always precede changes in the inner world. Being clear about what you want allows for less resistance for it to flow to you. Examples of practicing the Law of Nonresistance include:

- Deep, Cognitive and Creative Thinking
- Recognizing what is trending; going with the flow

## **The Abundance Pivot**

- Vision boards allow you to observe rather than try, because it makes your vision unimportant
- Giving your objectives a break and a rest
- Getting as general about your vision as you can
- Practicing an absence of effort
- Experiencing a lightness of being
- Contemplating lightly, seeing what you want as unimportant, simple and uncomplicated
- Slowing down, which also restores focus

You can also help identify areas in your life where the Law of Resistance may be present and remove it by practicing the Emotion Code Technique or performing self-forgiveness.

**Total immersion in your passion  
creates meaningful results**

### Review of Chapter 3

By giving in to feelings of uncertainty you are succumbing to the illusion that there exist two powers, rather than a single one (the Divine). Are you a believer in superstitions?



Are you able to see how they create a conflict of two powers? Any external inconsistency reveals a mental inconsistency. What steps can you take to start producing more pleasant experiences? Have you ever wished someone bad luck? If so, wish them good instead. Are you willing to change your mind and instead wish him or her a happy life? Do you see how wishing others well will bring you good fortune? One does not have to do anything he is afraid of if he is willing to fearlessly do it. What are you frightened of doing right now? Choose one thing you're frightened to do and commit to doing it today.

A person who has never skydived before experiences terror and increased cortisone levels on their first jump, whereas an experienced skydiver experiences excitement, anticipation and adrenaline. When you make the decision to sincerely confront situations that bring you fear, you might discover that you no longer need to experience these situations, or that you're equal to or greater than the thing you're terrified of!

# **The Abundance Pivot**

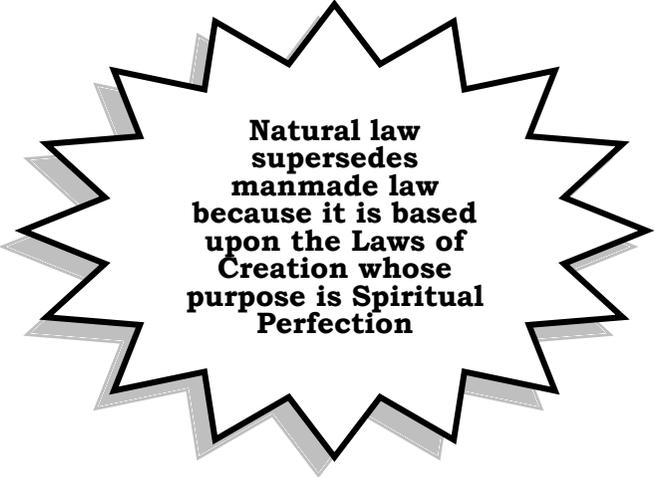
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**Natural law  
supersedes  
manmade law  
because it is based  
upon the Laws of  
Creation whose  
purpose is Spiritual  
Perfection**

## Chapter 4

### Experiencing Effortless Abundance

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***“There is no such thing as evil in reality, so in reality there is nothing to resist”***

Picture a superconducting wire chilled near absolute zero. Electricity races through it for 10,000 kilometers without losing a single watt. This isn't theory—it's fact. At ultra-low temperatures, electrons pair up and collapse into one quantum wave that spans the entire wire. No resistance means zero power loss.

Now look at ordinary power lines: they bleed off 3% of their energy every 1,000 kilometers, wasting valuable energy. No resistance, no loss. Here's the point: when you resist evil, you engage it—and you lose your power.

***Believe it could  
honestly be  
true for you***

Stop pushing back against darkness. Give it its own space and let God's divine superconductivity sweep it away.

When you're fully in flow, evil doesn't register. Flow vibrates at a higher frequency. Nothing stands against a person who's completely irresistible. Water proves this: it meets no resistance, yet it erodes mountains, carves canyons, and sweeps away everything in its path. Its unstoppable force stems from its ability to yield.

Jesus nailed it: “Do not resist evil. If someone strikes you on one cheek, turn the other.” Fighting

## The Abundance Pivot

darkness with darkness only fuels the fight. Belief in sin, sickness, and death shackles the soul and blocks your flow.

People confuse evil with entropy, but destruction always breeds creation—that's God in action. Your body builds new cells from digested food. Stars explode, scatter elements, and seed new suns and planets. You and I are made of stardust. Energy either breaks down or builds up, but it always leads to expansion and fresh creation.

Stop making excuses. Let Divine flow erase resistance. Be the superconducting current that darkness simply cannot touch.

***Expansion = creative growth***

Man's unfounded belief in two opposing forces—good and evil—sprang from the same imagination that sees the world in halves rather than wholes. According to tradition, Adam and Eve ate from Maya, the Tree of Illusion, and thereby began perceiving dual powers instead of the single reality that always was. Evil, then, is not an external law but a fiction we impose on ourselves through forgetfulness or what some call soul-sleep. The moment we grasp that our responses, not the circumstances themselves, shape our experience, we reclaim total control.

Your subconscious mind is your soul's steadfast servant. It takes whatever you feed it—whether thoughts of despair or visions of triumph—and weaves them into your body and your affairs. If your dominant thoughts are those of illness, you'll identify as a sick person. If poverty is your prevailing focus, poverty becomes your identity. Conversely, if

abundance occupies your mind, abundance will manifest in your life. You cannot demand wealth from chance; you must command it through disciplined thought and deliberate action.

There is a practical methodology for generating prosperity. No matter how skilled or intelligent you are, you remain powerless unless you learn to recognize opportunity the moment it arrives—and to put all you’ve learned to work.

Wherever you find yourself, affirm: “I am in the right place at the right time,” and watch your awareness sharpen. Wealthy individuals train themselves to expect continuous creation of value; the middle class aims merely for comfort. Remember this: no one ever amassed great riches by settling for “comfortable.” Declare instead, ***“I EXPECT success in all that I undertake, and I hold sky-high hopes for my life.”***



***Stagnation  
causes  
destruction.  
Every moment of  
your life you are  
either creating or  
disintegrating.***

### **Why Being Honest with Yourself Is One of the Golden Keys to Success**

David Goggins—ultra-marathoner, ultra-distance cyclist and triathlete—did not achieve his world-record 4,030 pull-ups in 17 hours by blaming his circumstances. He learned to confront himself brutally, outlive his past, and forge unbreakable discipline. As Jesus said, “And ye shall know the truth, and the truth shall set you free” (John 8:32). Goggins’s life proves that hardship becomes empowerment the moment you choose to face it instead of flee.

## The Abundance Pivot

Knowing yourself with unflinching honesty clears life's obstructions faster than any external fix. Human nature resists self-examination as a defense mechanism, but the long-term cost is stagnation. To build a new habit of honesty, start small: hold yourself accountable for even minor commitments. As your goals grow, so must your capacity for truth. The more you demand of yourself, the more honest you must become.

Repetitive action in challenging conditions builds immunity to distractions, sharpens memory, accelerates thought, and heightens adaptability. Life unfolds in a series of escalating lessons. Each time you master one level, you graduate to the next, equipped to handle greater challenges. That progression is why veterans in any field feel compelled to teach others: they sense in newcomers the same hunger they once had, and they know that sharing mastery is the final proof of personal transformation.

Working towards your goals will always occur in one of the two following ways –

- Through constant struggle and pain; by completing each painful stage one step at a time.
- By discovering your strengths and using them along the way. One method is by identifying negative subconscious beliefs.

One method is to sit down in front of a mirror and as you look at yourself, write down a list of your insecurities and the lies that you tell yourself day after day. Next identify what you think you need to work on the most. Over time as you begin to work on the most important problems at the top of the

list, you will start to find that the other issues will start resolving themselves along the way. Over time you will discover that you start becoming a success based upon being honest with yourself though the ability to solve problems.

*Dedicate some time to sit quietly with yourself, confront yourself and ask the following questions.*

- What are the lies that I keep telling myself every day?
- What are these lies costing me in terms of health, wealth and relationships?
- What am I pretending not to know?
- Am I excessively practicing gratitude as an excuse to avoid being honest with who I truly am?
- Am I willing to endure the discomfort that comes with being honest with myself so that I may discover my true authentic power?
- Am I pretending to be something I am not?

*The poor blame their circumstances, however the wealthy create their circumstances*

Some of us have grown up believing that if we do our best to please those around us, that we will be given love and attention in return. However this is pure illusion because you receive love only when you sincerely give love. True love is not built upon being something you are not. The second your motivation is to only please your audience, you've lost, because creating something that is rewarding and sustainable over the long term requires keeping yourself excited about it.

## **The Abundance Pivot**

On page 340 of Jeff Benedict's biography about Tiger Woods, he states that after Tiger got out of treatment for sex addiction, that he stated in a press conference that he was only going to start playing golf for himself, not for his father, mother, coach or his sponsors.

***You obtain real meaning from life by being your true authentic self***

In summary, freedom from many unhappy conditions caused by erroneous beliefs comes from the knowledge of Spiritual Law.

***There is no greater drain on one's valuable time and energy than trying to be someone you are not***

By repeating the phrase, "***I am enough, I am worthy, I am whole***" recognizes the value you hold within yourself. It can reduce the chance of one being bullied because it creates an inner awareness that you are whole and complete without the outer material objects you seek to acquire. When you know this, your inner cup becomes filled, replacing the previous inner cravings of material desire; ceasing their having power over you. You begin to see that you only wish to acquire material possessions because they appear in your life out of want or need; and not to satisfy the cravings of "***not being enough***".

***I love myself independently of others loving me***

Start treating every unexpected setback like a guest you want to know better. Give each one your full attention. Call it out by name—your “failure”—then dunk it in the water of prosperity. Speak it into success: in the name of Father, Son, and Holy Spirit. This simple ritual proves the Law of Transmutation, which flows straight from the Law of Nonresistance. Every so-called failure comes wrapped in a lesson you need for eventual victory.

Feel wealthy before wealth shows up. You have to taste abundance in your bones before it materializes in your bank account. Stop fighting two opposing forces in your mind. Assume there is only one true power—God—and that every event bends toward your benefit. Watch resistance dissolve and success slot into place.

See every person and situation as a golden link in your chain of good. Trust that the Divine Plan unravels perfectly, one loving step at a time. When you bless your adversary, their arrows turn to straw. They become blessings flying straight to your doorstep. This works for individuals and for nations. Shower love on everyone—man, woman, and child—and conflict loses its edge.

Living by Spiritual Laws means staying in effortless flow. Worry you'll end up a doormat? Nonresistance protects you. When fear or dissatisfaction strike, remind yourself: Divine intelligence never clashes with itself. You always have a choice. Release the uncontrollable into that light, bless the situation right away, then baptize it for success. Say out loud: “I cannot lose what is mine by Divine right because I exist under grace and

## **The Abundance Pivot**

not under law.” Repeat this until it builds unshakeable confidence.

God isn't a cosmic supply closet. First you experience God; then all you require shows up. You stay trapped only if you resist your circumstances. Want a problem to vanish? Accept it, bless it, then watch it disappear on its own. When you no longer react emotionally, it loses its power. Real work always happens inside you.

People often ask a minister to pray for someone else's change—husband, brother, friend. A wise minister always replies, “I'll pray you change first. Once you shift, everyone around you follows.” The rich grow by learning. Fools stay stuck, convinced they already know it all.

Now take bold, fearless steps toward your dreams. Live the life you've been imagining. The universe's laws are simple. We're the ones who complicate them. Life is a mirror: everything you see out there reflects what's inside you. Live boldly—your reflection is waiting.

When Lot's wife returned the stare, she was transformed into a pillar of salt (Genesis 19:26). Living in the past can violate Spiritual Law. The past and the future are the robbers of time because their energy is linear. One should learn to receive blessings from above. Bless the past and future knowing that your future holds limitless joys in store for you. Open and expand so that you may learn to give and receive simultaneously.

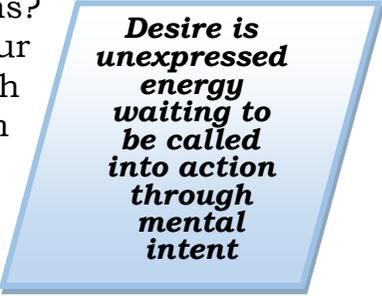
### **Faith Comes from Believing**

Look, when you replay those negative memories on repeat, you kill your manifestation power. Dead in its tracks. Sure, glance at your past to learn

something valuable or revisit the good stuff—that's healthy. But let's be honest with each other: it's always the bad memories that get stuck on loop, isn't it?

Here's what I tell my clients who can't afford Christmas gifts: act as if you already have the money. Go buy the wrapping paper. Pick up the ribbon. Get those cute little gift tags. Why? Because you're digging your ditches before the rain comes. Trust me on this—when you take that bold step, the money follows. It sticks to those Christmas seals like magic. That's not just wishful thinking—that's financial courage. That's you telling the universe, "I'm ready for abundance," and the universe responding.

Your journey demands presence. Period. Those little doubts and distractions? They're thieves stealing your potential. So start each morning by declaring: "I am truly grateful for this ideal day. Miracles are unfolding each moment and new wonders never cease!" Do this for 21 days straight. No excuses. The miracles will show up. They always do.



***Desire is  
unexpressed  
energy  
waiting to  
be called  
into action  
through  
mental  
intent***

## **Enhancing the effectiveness of Your Affirmations**

An affirmation should never be repeated unless it is pleasing and persuasive to one's consciousness. Affirmations are frequently adjusted to suit different situations. As an example, many people have found great success by repeating the following affirmation: "***I have a wonderful job in a wonderful way and***

## The Abundance Pivot

***provide wonderful service for wonderful pay!***". A rhyme like this effortlessly seeps deep into the subconscious mind. Sing the affirmation with vigor, joy and aliveness. Change the word job to business if you're in business. For example: "*I run a wonderful company in a wonderful way and provide wonderful service for wonderful pay*".

*There must exist a healthy balance between  
service to others and nurturing oneself*

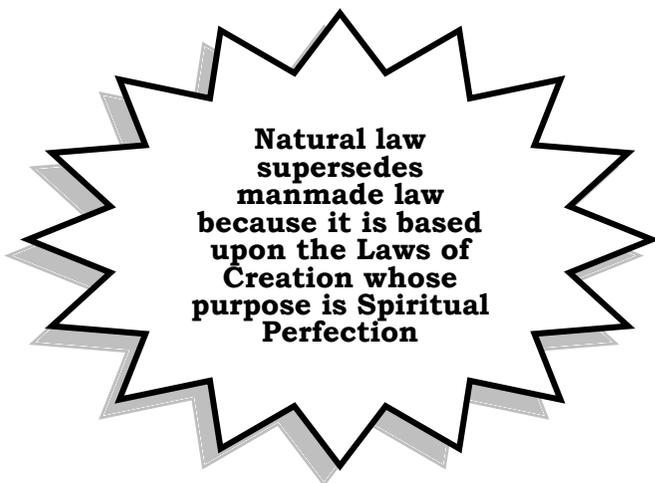
Music SHATTERS the prison walls of your subconscious mind! Its fourth- dimensional power ERUPTS through your soul, DEMOLISHING the chains that bind you! When music floods your being, the IMPOSSIBLE transforms into the INEVITABLE! The rhythm and harmony don't just carry emotions—they EXPLODE with them, turning mere affirmations into UNSTOPPABLE COSMIC FORCES when declared while dancing or surrendering to music's divine current!

Your Divine right to UNLIMITED ABUNDANCE isn't just granted—it's COMMANDED! The greatest book ever written THUNDERS this truth: "God is able to make ALL GRACE OVERFLOW unto you, so you ALWAYS have TOTAL SUFFICIENCY in EVERYTHING, with ABUNDANCE BURSTING FORTH for EVERY good deed" (2 Corinthians 9:8)! By DIVINE DECREE, your barns must EXPLODE with plenty, your cup must FLOOD beyond capacity (Proverbs 3:10)! This isn't just God's hope—it's His UNBREAKABLE COVENANT! The ONLY barrier is that venomous lie of limitation festering in your

subconscious! OBLITERATE these toxic weeds of doubt, and the Golden Age won't just arrive—it will CRASH INTO EXISTENCE, and EVERY RIGHTEOUS DESIRE will MANIFEST with BLINDING GLORY!

## Why Affirmations Sometimes Don't Work

Let's cut to the chase: when your affirmations flop, it's not your fault—it's physics. In March 2012, Rollin McCraty's team at the Global Coherence



Initiative tapped Earth's magnetic field and found a steady 0.1 Hz standing wave. Guess what? That exact frequency drives your cardiovascular system. GCI's global network of sensors proves it—check their map online.

Here's where you take control. With precise breathing, you generate 0.1 Hz in your own body. That rhythm supercharges your heart and blood vessels. But when a geomagnetic storm hits after a solar flare, your cardiovascular system goes off balance. Weak hearts and frayed nerves feel the brunt.

Fast-forward to May 2022. Neuroscientists asked nine volunteers to chant "OM" at three breaths per minute (0.05 Hz): inhale deeply, exhale "OM" for twenty seconds, then pause. The result?

## **The Abundance Pivot**

Their blood pressure locked into that powerful 0.1 Hz rhythm. Chanting OM with proper pacing forces your blood pressure and breathing into perfect sync. Here's the hard truth. If you do your mantra during high geomagnetic activity, you're fighting cosmic interference—and you lose. Magnetic storms spike your heart rate, trigger emotional distress, and jam your cardio-respiratory system. Studies show anger hits hardest and sadness raises blood pressure. After a major storm, hospital admissions for depressed men jump 36.2% in week two. That's no coincidence.

Geomagnetic storms follow an eleven-year cycle, peaking next in July 2025 (solar cycle 25). Want your affirmations to land? Align your practice with calm solar weather. When Earth's magnetic field is steady, everyone's more relaxed and receptive. Stop blaming your technique or willpower. Time your mantras to the planet's heartbeat, and watch real results happen.

### **Review of Chapter 4**

The Spiritual Law of Opulence has been discussed in this chapter. What thoughts or sensations come to mind when you consider extravagance for yourself? Do you feel a sense of contraction or resistance, or a sense of anticipation and excitement? What can you learn about yourself from your emotional reaction to this law?

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Large geomagnetic storms have cycles and they occur most common during and just after solar flares. Solar flares also have cycles with the next peak occurring in July of 2025 (solar cycle 25). Solar Cycle 25 Is Here. NASA, NOAA Scientists Explain What That Means. Sep 16, 2020. NASA.gov

***I can be kind, loving, balanced and financially successful all at once***

## Chapter 5

### *When non-resistance encounters Desire*

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A person can't force the outside world to mold itself into his or her image, especially when they have not made changes on the inside. The jails and prisons of the world are filled with examples of this.

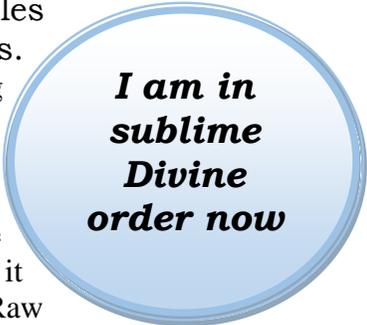
The first step in manifesting anything is asking the right questions. You want that home. You want that new car. Demand them from the universe as your Divine right. Own the conviction that it's already yours—and it cannot slip through your fingers. Raw willpower alone? It backfires every time.

Instead, get into flow. Remember the words, ***“Not my will, but Thine, be done.”*** When you release your grip and let Infinite Intelligence move through you, you don't just get what you asked for—you get exactly what you need, or something better.

We all worry about our family's safety—it's your alert system. But when fear spirals as a loved one sets off on a risky journey, it steals your peace. Stop the cycle. Hand that trip over to God. Say it out loud: “I place this journey in Infinite Love and Wisdom.” If it's part of the Divine plan, bless it and let it unfold. If it isn't, give thanks that it's no longer necessary.

Waiting for fear to disappear before you start manifesting is a weak excuse born from ancient survival instincts. Back then, we paused at swollen rivers. Today, we build bridges. You don't wait for fear to fade—you build your bridge and cross now.

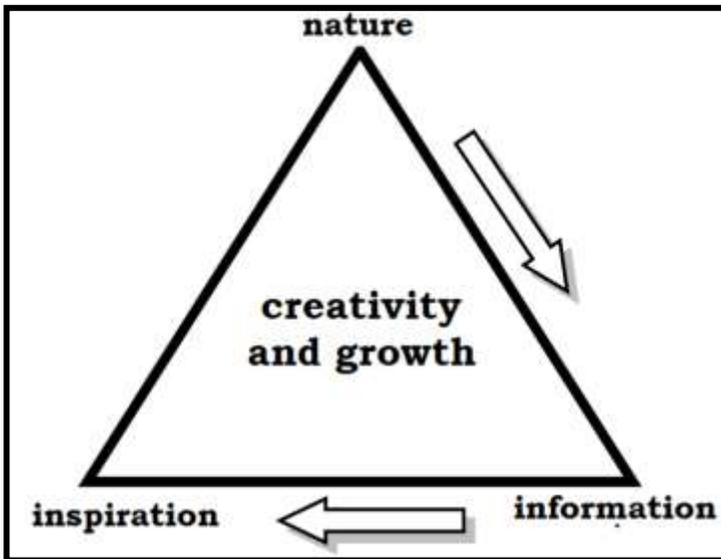
Forgiveness is your shortcut around bad karma. Once you forgive the past, you can't replay those negative tapes. You break the cycle of blame, shame, and victimhood. Jesus taught that a higher law—grace—overrides Karma's ledger. When you forgive, your consciousness shifts from ego to truth and love. That grace sets you free, not by law, but by pure, liberating grace.



***I am in  
sublime  
Divine  
order now***

You are not a relic of the past. You are part of an ever expanding present which is co-creating the future along with the Divine. The Law of Forgiveness is central to Christianity. The Christ within each man and woman is his Redeemer and Salvation from all inharmonious conditions!!.

Christ has the power to rescue us from the curse of bad Karma by invoking the power of the Christ within. Affirm, "***Infinite Spirit, I call upon the Law of Forgiveness. I hereby give thanks that I am under grace and not under law. Therefore I cannot lose what is mine by Divine right.***"



*Practicing self-forgiveness speeds manifestation of one's goals because it releases one of past negative karma*

## **The Abundance Pivot**

Bad Karma CRUSHES your spirit like a vise until you BREAK FREE through the raw power of sincere intentions erupting from your heart's core! DECLARE WITH ABSOLUTE CONVICTION: "MY SINCERE INTENTIONS MANIFEST FOR THE HIGHEST GOOD—ALWAYS!" Love is Order—DIVINE ORDER!

Nature BLAZES with inspiration—every sunrise, every thunderstorm, every blooming flower SCREAMS the truth that all ideals originate from this primal source! These ideals BURST into reality through the sacred patterns woven into the fabric of existence itself. You MUST master order before wealth will flow to you—this isn't optional, it's COSMIC LAW!

The ultra-wealthy DOMINATE their environments through immaculate order. Witness the TRANSFORMATIVE POWER of Feng Shui—where strategic furniture placement, vibrant color harmonies, and perfect geometric forms CREATE AN ENERGY VORTEX that magnetizes abundance! When your space RADIATES this higher-frequency order, your vibration SKYROCKETS, and manifestation doesn't just happen—it EXPLODES into your reality with unstoppable force!

*The secret to self-trust is to  
learn to let go of toxic shame and guilt*

***You are a spiritual  
being governed by the  
Spiritual Law of  
freewill. Therefore you  
have power over how  
you choose to respond  
to any circumstance.***

## The Law of Non Circulation

Warren Buffet stated in an interview that all of the gold in the world today amounts to approximately \$7 trillion dollars. This is enough to make a solid gold cube measuring 65 feet on all four sides. The value of this gold is equal to approximately 1/3rd of all the value of stocks in the United States or a majority of the farmland in the United States. However the gold does nothing but just sit there. This could explain why the United States went off the gold standard in 1971. Therefore which has more value? Warren Buffet also stated he would rather invest in business ventures that are producing wealth, rather than invest in gold or hoard large amounts of cash. He clearly understand the Law of Circulation.

***Archeologists place ancient relics back into circulation by putting them on display in a museum***

Many people on their journey of life are unaware that hoarding and excessive conserving always results in a loss of some kind. It is the natural flow of the universe for things to be in constant circulation. You are either creating or disintegrating. The one who scatters their seeds increases their bounty, and the one who withholds is akin to a life of lack.

Advertising is designed to target your subconscious thoughts by speaking to you in its own specific language. Each day the average person who lives in the city becomes an unwilling participant by being bombarded by more than 6,000 forms of advertising each morning as they walk out

## The Abundance Pivot

the door . Much of this is designed to target the subconscious mind . Hence, advertising is a wonderful opportunity to re-program your subconscious mind for success. For example, if you're out shopping and see something you really like and begin to think to yourself, "*I can't afford to buy this beautiful item,*" you're not alone, as this is the standard way of thinking for most people. Know that thoughts like these come from lack and not from God, who is your limitless source. Instead say silently to yourself, "*I choose not to buy this item at this time*", or "*That item is mine. It is for sale. I accept it mentally and my subconscious sees to it that I eventually receive it*" or "*That item already exists in Divine mind, just waiting for me to claim it through my Divine skills, gifts talents and abilities*" or "*As soon as I receive my large financial windfall I will buy as many of these as I want!!*". Another good phrase is or "**God is my instant and everlasting supply and that \_\_\_(item)\_\_\_ is now fully paid for in Divine Order.**"

*God is my instant supply,  
meeting that need right now*

**Whoever gazes  
out the window  
dreams; whoever  
pokes their head  
through the  
window wakes  
up.**

When Tina Turner launched her career and spotted something way out of her price range, she didn't sigh and accept defeat. She told herself, "I don't have this yet!"— never "I can't." She affirmed, "That item is for sale. It exists in Divine Mind. I accept it in Divine Order through the unfoldment of Divine Love!" She banked on one simple truth: if you believe supply is limitless, confidence and trust follow naturally.

Jesus understood this principle back when he healed the blind. He said, "Be it done to you according to your faith" (Matthew 9:29). Faith isn't wishful thinking; it's the substance of things hoped for, the evidence of things unseen. Faith keeps your vision locked in place. It annihilates doubts, fears, and worries the moment they surface.

Temptation? It's Divine Influence in action—nudging you toward virtuous impulses, feeding you strength to endure trials, and giving you the power to say "no" to what drags you down. On this physical plane, you harvest what you sow. Sow faith; reap blessings. God's gifts pour out on everyone who walks the path of Spiritual Laws. Yes, suffering exists, but Jesus said, "Be of good cheer; I have overcome the world" (John 16:33). Disease, grief, even death are temporary. Master the Universal Laws and watch your world transform.

Now let's talk about the powerhouse you carry around every day: your subconscious mind. Think of it as a fire hose of raw, unstoppable force, sweeping up everything in its path. Under the guidance of your super-conscious mind, the subconscious can shape your reality—and even reverse or slow the aging process. Science now shows that focused meditation lengthens telomeres, the DNA caps that shrink as you age. Keep them at the right length—and you keep your body youthful and resilient.

A February 2016 study led by Marta Alda—titled "Zen Meditation, Length of Telomeres, and the Role of Experiential Avoidance and Compassion"—proved it. Researchers found that silencing negative thoughts and emotions preserves telomere length. In plain English: chronic stress accelerates aging, but

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Zen and other meditative practices put the brakes on your biological clock.

So here's your challenge over this cup of coffee: Declare your abundance like Tina Turner did. Anchor your life in unshakable faith. Let Divine Influence guide you past every temptation. Then tap into your subconscious power with meditation—and watch your body and spirit defy time.

**To reduce anxiety, have  
more trust in the Divine**

Your body NEEDS stress—the explosive, heart-pounding rush of The Short-Term Stress Response. This biological firestorm ignites your potential, flooding your system with chemicals that transform you into something extraordinary when danger lurks or opportunity strikes. Science confirms this primal truth: Dhabhar's groundbreaking 2018 research revealed how these stress bursts actually weaponize your immune system against disease. Only when stress becomes a relentless siege does your body begin to crumble from within. Christianity's radical promise of sin's annihilation creates such profound neural peace that humanity might one day transcend death itself—our flesh not rotting but TRANSFORMING into Whitman's ecstatic "body electric," that nine-part manifesto of human glory where mortality surrenders to something divine and terrible.

## Review of Chapter 5

How is Karma's law similar to a boomerang? In your own experiences, how have you witnessed Karma at work? Can you connect the dots between your past experiences and your current actions or beliefs? Is there any law that is more powerful than the Law of Karma? What is the forgiving law, and how does it operate? We tend to attract more of what we are afraid of.

You must learn to be orderly if you want to experience wealth and financial security. Order is heaven's first commandment and all men who have obtained vast riches are orderly in their affairs. By being orderly and bringing order to your affairs and environment, you affirm to the universe that you are capable of handling what you already have, and in return you will eventually be rewarded with more.

Examine parts of your office, home and/or life that are disorganized. Begin putting order in each of these a little bit at a time. Clean out a closet or drawer; delete unused emails; get rid of everything that no longer fits or serves you. Cleaning the rooms in your house and cleaning the thoughts in your mind are both one and the same and demonstrate orderliness. Make a list of the persons you must forgive. Write a letter to God, requesting that the Law of Forgiveness be invoked for each of these individuals, as well as for yourself. In this letter, express gratitude for being under grace rather than law and for the fact that only good can come to you and everyone on this list. You can mail the letter to yourself, safely burn it, or put the letter away in your journal as a reminder that you want to move forward in life, rather than allowing old

## **The Abundance Pivot**

circumstances to continue exercising their power over you.

***When someone becomes overly confident with their success, they end up putting their trust in their own personality rather than in the Christ within***

## References. Chapter 5

Evans Carmichael Youtube Channel. Motivational Clips.  
Title: **Timeless INVESTING Advice From Warren Buffett That Can Make You RICH!**

ppcprotect.com. how-many-ads-do-we-see-a-day. Sam Carr. February 15th, 2021.

Finding Brand Success In The Digital World. Jon Simpson. August 2017. Forbes.com

Choosing Prosperity Regardless of Circumstances

Before seeking financial change, remember that true wealth begins with how you choose to respond to your situation, not the balance in your account. When Scripture speaks of "prosperity," it points to qualities entirely within your control: cultivating faith despite doubts, finding joy amid hardship, building relationships through generosity of spirit. Notice how these prosperous attributes require no permission from the economy, your background, or others' actions. The universe may determine your starting position, but you alone determine your response. Financial resources will come and go throughout life—this is inevitable. What remains constant is your power to steward whatever you have with wisdom and gratitude. The most profound abundance comes when you exercise your absolute freedom to align your perspective with higher principles—creating internal prosperity that no external circumstance can diminish.

## Three things to consider before asking for a financial blessing



**1.) We must honor our gifts that God has already bestowed upon us and this includes having the right mindset.**

*"Whoever can be trusted with a little can then be trusted with plenty (Luke 16:11).*

### **1.) Honoring the Divine**

*"You can't serve God and money at the same time." (Matthew 6:24) – Instead, be sure to remain humble and respectful along your path to greatness.*

### **3.) We are to be excellent stewards of life.**

Giving back is part of being humble. When you give back, space is created so that more can flow into your life. *"See if I won't open Heaven's floodgates,*

*pouring forth so much goodness that there won't be enough room to keep it."* 3:10. –Mal. 3:10.

Now let's review some of the very best biblical prosperity quotes!!.

1 Peter 1:1- 2—May the surging torrents of God's grace and shattering peace multiply beyond measure within you as your grasp of the Almighty deepens with every heartbeat.

2 Corinthians 9:8—God stands ready to catapult staggering waves of grace into your life, propelling you to avalanche in every noble deed, fully supplied in every moment without fail.

3 John 1:2—I fervently pray that every fiber of your being thrives in robust health, blazing with vitality, even as your soul soars in wholeness.

8:2 in 2 Corinthians—Though bursting with joy yet plunged into crushing poverty, they erupted in a roaring flood of generosity under the savage trial of affliction.

Deuteronomy 28:12—The LORD will crack open His awe-inspiring treasury— the very vaults of heaven— pouring down torrents of rain at the perfect moment and igniting explosive success in every venture.

Deuteronomy 28:63—Just as the LORD exulted in orchestrating your good, He will thunder with joy over you to unleash boundless increase.

Deuteronomy 30:9—Your God will propel you into staggering prosperity— in your projects, in the bounty of your children, in the harvests of your

## The Abundance Pivot

flocks, in every inch of your field. He will roar with delight over you just as He thundered over your forefathers.

Deuteronomy 7:13—He will engulf you in relentless love, shower explosive blessings upon you, and multiply your lineage beyond counting.

Deuteronomy 8:18—Never forget the LORD, for He is the explosive source of your power to produce wealth, fueling every triumph to fulfill His eternal covenant with your ancestors—right here, right now.

Ecclesiastes 5:19—God showers the gift of wealth on whom He wills—and grants them the fierce joy to savor each blessing, to embrace their lot, and to burn with exhilaration in their labor.

Hebrews 6:14—“I swear an oath by Myself: I will unleash unyielding blessing upon you, and I will supercharge your increase!”

John 7:38 (NIV)—“Whoever plunges into belief in Me will blaze from the inside out with rivers of living water gushing into eternity.”

Luke 12:15—Beware! Guard your heart with zeal against all greed, for life’s true essence explodes far beyond the weight of your possessions.

Luke 6:38—Give relentlessly, and the floodgates will shatter open: a pressed-down, shaken-together, overflowing measure poured into your lap—because you will reap exactly what you scatter.

Luke 6:45—From the blazing treasury of a righteous heart pours rivers of pure, unquenchable good.

Malachi 3:10—Crush your tithe into My storehouse and dare Me to respond: I will rip open heaven's windows and unleash an epic downpour of blessing until your supply bursts beyond need.

Proverbs 13:22—A man of integrity forges riches that blaze through generations, while a sinner's hoarded wealth ignites for the righteous in due time.

Proverbs 3:10—Your granaries will explode at the seams with abundance, your winepresses will flood with the finest vintage—an unstoppable tide of provision.

Psalm 37:11—Yet the meek will seize the land as their inheritance and revel in a peace so vast it thunders through their souls.

Psalm 37:4—Immerse your joy in the LORD, and He will ignite every longing in your heart into radiant reality.

Psalm 72:16—Let the land shiver under mountains of golden grain, skies bending beneath its thunderous fields stretching to the furthest heights.

Romans 15:13—May the God of hope flood you with unquenchable joy and explosive peace as you overflow in faith, so that whatever you dare to ask in prayer will rip through barriers—ask and it crashes in, seek and it leaps to you, knock and it shatters open.

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Because nature abhors a vacuum, leaving no crevice unfilled and no hollow space undisturbed, the more you allow for expansion—stretching the boundaries of your mind like a balloon slowly filling with air—the more room you make to fill yourself with the blessings of the universe: those unexpected moments of clarity, those chance encounters that change everything, those sudden insights that illuminate the darkness like stars appearing one by one in the evening sky.

## Sources for Instant healing

These are some of the best sources of instantaneous healing methods, modulates and techniques I have collected over the years. Many people have also used these techniques successfully when all other methods of healing have failed, probably because these methods address the sole root cause of a disease. You can watch videos of some of these at [www.realnewsrevealed.com](http://www.realnewsrevealed.com)

- **Reconnective Healing** – *Founded by Dr. Eric Pearl. Has practitioners in over 70 countries worldwide. Dr. William A. Tiller of Stanford discovered that Reconnective Healing alters the nature of the space healing sessions are occurring .*
- **Marisa Peer. Founder of Rapid Transformation Therapy (RTT) -**  
*Like Dr. Joe Dispenza, who used the power of his mind to recover from a broken back, Marisa Peer used her mind to overcome her cancer and has since gone on to teach others the RTT Technique. Other techniques of hers include Healing Vortex and Cell Therapy. Many of her exercises result in healing in only a single session because the technique involves identifying the triggering emotion that causes a person's behavior.*
- **Tibetan Tormas** - *See my book: Anti-Aging Nutrition Secrets. The Fountain of Youth Seeker's Guide to Longevity for instructions on how to properly make a Tibetan Torma for healing and other uses. Tibetan Tormas*

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*have worked in many cases where medical science has given up on the patient.*

- **Past Life Regression Therapy** – *Pioneered by Dolores Cannon. Numerous practitioners can be found worldwide.*
- **Power of 8** – *Founded by Lynne Taggart. Groups can be formed anywhere. More information can be found at <https://lynnemctaggart.com>*
- The video titled: **Gregg Braden - Quantum Healing of Tumour thru the Power of Thought & Feeling** - - - where practitioners practice healing affirmations and use them to eliminate a cancerous tumor in mere seconds. The tumor can visibly be seen on ultrasound video while the affirmations take place. It is truly a remarkable video.
- **Tablet 13 of the Emerald Keys** – *An advanced Qi-Gong practice that was practiced thousands of years ago. See my book: Fourth Revision - Deciphering Tablet Number XIII The Keys of Life and Death by Thoth the Atlantean.*
- **Ho'oponopono Affirmation** - *The affirmation "I'm sorry, Please forgive me, Thank you, I love you" is repeated 108 times. It is said to be a prayer for the practice for forgiveness. This can be used for*

*accelerating healing, to make amends or for forgiveness.*

- **Healthy Circulation** - *Affirming this simple phrase enhances healthy blood circulation. - "The joy of the Lord is always my strength" or "I dwell in the Joy of the Lord, for he is my strength"*
- **The Vogel Technique.**  
*Dr. Vogel was a research scientist with IBM and holds patents in the field of luminescence. There is a video titled: **Dan Eugene Willis Instant Healing Testimony - Linda Moulton Howe Interview** - - where Dan talks about witnessing a person having their cancerous tumor instantly removed using a Vogel Crystal and the video titled: **Dr Marcel Vogel - Crystal technique using breath** - - - discusses using Vogel crystal techniques in greater detail.*
- **Franz Anton Mesmer.** *On page 25 of Joe Dispenza's book, You Are the Placebo: Making Your Mind Matter, he writes about the physician Franz Anton Mesmer, the forerunner of today's hypnotism, about how he partially cured teenage concert pianist Maria-Theresia von Paradis of hysterical blindness, since she had when she was 3 years of age. However, her parents were less than overjoyed by her partial recovery because they stood to lose the royal pension if their daughter has been fully cured.*
- **Dr. Alexander Loyd**  
*States the root of any issue can be healed in*

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*just minutes. His techniques have been researched by universities and tested in double blind studies which are published in peer reviewed journals. His technique incorporates similar methods to EFT by addressing erroneous beliefs and incorporates spiritual practices to create a general overall method of rapid healing.*

- **Dr. Frank J. Kinslow**

*One of the early pioneers of Quantum Entrainment. Author of the book *The secret of Instant Healing*. His technology shows people how to make Quantum Entrained Healing Water, overcome fears and phobias, conquer financial worries, break the bonds of karma and create the perfect intention. In some cases these healings occur in just minutes.*

- **Richard Gordon**

*Founder of Quantum-Touch and author of *Quantum-Touch. The Power to Heal*. Richard has pioneered many new techniques using energy healing to create rapid health and wellness in the physical body.*

**References.** Sources of Instant Healing

Tiller, W. A., & Dibble Jr, W. E. (2009). White Paper XI. An Experimental Investigation of Some Reconnective-Healing Workshops via a Unique Subtle Energy Detector. *Consciousness and Physical Reality Journal*, , 27-32.

Science and The Reconnection. Gary Schwartz, Ph.D. University of Arizona, Director Laboratory for the Advances in Consciousness and Health.

*If you found the information in this book made your life easier in some way, a positive review is most appreciated. This will help share this wisdom of this book with others and support the positive evolution of mankind as a whole towards a better world.*

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*Look, I haven't met you yet, but I believe in you. Not in some vague, greeting-card way—I mean it. The Spirit of life flows through you right now, waiting to unleash your full potential. Everything you need for happiness and success? You already have it.*

*Remember that job interview you almost skipped? That relationship that fell apart? That investment that didn't work out? They weren't failures—they were preparation. Life doesn't throw random events at you. Every single one serves a purpose you'll only understand when you reach the summit and look back.*

*Hand this book to someone who needs it. Someone stuck where you once were. When you do, you set off a chain reaction—blessings flow back to you while simultaneously creating a better world for everyone.*

*Your commitment to growth isn't selfish—it's necessary. The world needs your best self. So thank **you** for showing up. I'm rooting for your financial breakthrough and the demolition of every obstacle in your path.*

**Peace be with you**

A handwritten signature in black ink, appearing to read "Scott Rauvers". The signature is fluid and cursive, with a large loop at the end.

Scott Rauvers



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Scott Rauvers

May these writings go forth to bless, heal, inspire,  
elevate and dignify the minds and hearts of men  
and women of this earth!

*If this book is not working for you,  
imagine this book being a tool in your  
toolbox. One of the tools is a high quality  
crafted gold hammer. You can use the  
hammer to build a sound structure,  
however I cannot hold the hammer for  
you. Only you know how to use it to  
create what you desire.*

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